LAKESHORE UNITARIAN UNIVERSALIST FELLOWSHIP



A welcoming and accepting, diverse and inquiring spiritual fellowship

OCTOBER 2025 NEWSLETTER



SERVICES: SUNDAY 10:00 A.M

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mail: luuf.parkstreet@gmail.com

Website: www.lakeshoreuufellowship.org

acebook: Lakeshore Unitarian Universalist Fellowship

LUUF LAY MINISTERS

inda Hunter

hunter740@gmail.com

im Hollahan

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LUUF BOARD

President: Sharon Titel
Vice-President Chris Linn

Treasurer: Kathie Fishbeck

Secretary: Ginny Finnel

Members at Large:

Dick Urban Linda Wenzel Patty Marquardt Tom Clark October Theme—Cultivating Compassion

October 5

"Tools for Compassion" Rev. Karon Sandberg

Compassion is in short supply these days and it's hurting all of us. We move quickly to blaming and name-calling without knowing the full story. I began to wonder if we all may need to strengthen our capacity for compassion. Might it help us get through the day to day chaos? Join us as we explore ways to build up our own abilities to extend and hold compassion for others.

Rev. Karon Sandberg is an ordained UU minister who her spent her ministry as a hospice chaplain. She marveled at the sacred lessons her dying patients taught her about how to live. Now in retirement she's working on a book about these lessons and speaking monthly at various UU congregations. She and her husband, Joel, are having fun hiking state and county parks, listening to live music in their community and marveling at how their adult children's lives are unfolding.

October 12

Living soft in a hard world... how to be compassionate without shutting down or burning out.

Carrie Arnold

Let's reflect on how to discern what is ours to do, how to care for ourselves without ignoring the needs of others, and how to remain open to those who think, and act differently than we do.

Carrie has been a jail chaplain, and currently has a house church.

October 19

The Art of Compassion Jim Neilson

The Art of Compassion: A survey of artworks that express and evoke empathy for human suffering and social justice.

Jim is an art professor at St. Norbert College, and a regular speaker for LUUF

October 26

Remembering the Saints Kathie Fishbeck & Jinny Finnel

All of our lives have been influenced by some very special people who have contributed to who we are and who we will continue to be. These people include family members, teachers, friends, and others.

Many of these people have passed away and are no longer a physical part of our lives yet their influence on us continues each and every day. In this service, we will honor these people, especially those who have died within the past year.

Members and friends are encouraged to share the names, photos, and a brief message about these important people. Please contact Kathie Fishbeck

(<u>kathleenfishbeck@comcast.net</u>) or Ginny Finnell

(amanuensis vlf@yahoo.com) if you would like to share this special person during this service.

Pot Luck, monthly charities collection



Zoom link— https://zoom.us/j/91851788865?

Email Kim Everett at kimeverett60@gmail.com for newsletter submissions



Lakeshore Unitarian Universalist Fellowship (LUUF) New Member recognition scheduled for November 9 during our regular service.

As a member of a congregation based on liberal religious values, you will have an opportunity to share your spiritual journey, make connections, transform lives, and work to heal the world. You will find kindred spirits among other members and friends who believe in the dignity and worth of every person, reverence for all life, and freedom of the individual to develop his or her own beliefs in personally meaningful ways.

At LUUF, we embrace the rich tapestry of spiritual beliefs that promote love, reason, and the freedom of individuals to choose their own unique spiritual paths.

Membership entitles you to opportunities for participation in our community that are not available to non-member friends. Members may vote at all congregational meetings, be elected to the governing Board, and participate in all activities of the congregation.

Because we are a covenanted congregation, members have certain responsibilities to the congregation and to each other. Once you decide to join LUUF, you become a member by attending an orientation class and signing the LUUF Membership Book. The Membership Book contains the signatures of all the people who have joined our church since LUUF began. When you sign the Membership Book, you make a commitment to support the Fellowship with your time, talents, and treasure, according to your means. New members are introduced to the congregation at the New Member Recognition Ceremony, which is held as part of the regular Sunday service.

Contact Kathy Bernhart

The beautiful woodcut print by Erin Lueck titled "Awaiting the Awakening" has been installed in the stairwell on the way to the 2nd floor of the Fellowship. Although the inspiration for the print emerged from the wooded lowlands along the Crawfish River in southcentral Wisconsin, the print itself was created right here during the Really Big Prints Event sponsored by The Hamilton Wood Type and Printing Museum in Two Rivers. More information on Erin's inspiration and process will be displayed adjacent to the print shortly. Enjoy and take the time to let this piece of art speak directly to you. Later, let's have a conversation.........Also, a big thank you to Tom Clark and Judy Rollin for the installation of Awaiting the Awakening and for finding a new location for our banner. LUUF Art Committee

LAKESHORE UNITARIAN UNIVERSALIST (LUUF) LAY MINISTRY

Theologically, LUUF Lay Ministers are as diverse as Unitarian Universalist among our Lay Ministry you will find a variety of spiritual perspectives and beliefs about the sacred.

LUUF Lay Minsters are committed to serving all Fellowship members and friends, with the utmost of compassion and discretion. If you're in need of a good listener, connection, support and/or resources inside, or outside our Fellowship, in times of illness, or another of life's challenges, or to officiate at dedications, weddings,

funerals, please don't hesitate to contact any of the following LUUF Lay Ministers:

Linda Hunter lhunter740@gmail.com Jim Hollahan jim.hollahan@gmail.com

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Adult Activities





Book chat: Smoke Gets in Your Eyes, Caitlin Doughty - Most people want to avoid thinking about death, but Caitlin Doughty - a 20-something with a degree in medieval history and a flair for the macabre - took a job at a crematory, turning morbid curiosity into her life's work. With an original voice that combines fearless curiosity and mordant wit, Caitlin tells an unusual coming-of-age story full of bizarre encounters, gallows humor, and vivid characters (both living and very dead).

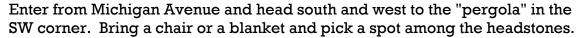


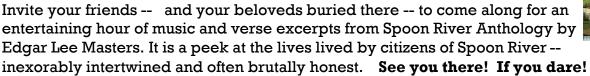
The Discussion of this book will be Monday, October 20, at 1:30

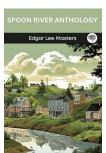


BE SURE TO MARK YOUR CALENDARS and join the UU Players redition of Spoon River, at the Evergreen Cemetery in on

Sunday, October 5, at 3 p.m.







Bev Rawling continues Capacitar's-Wellness Practices-Body, Mind, & Spirit, the 3rd Wednesday of each month. Next session will be Wed. October 15th @ 11:30-12:15.

The practices include easy to learn Tai Chi and Pal Dam Gum movements, chants, and other healing practices from ancient cultures and current research. To learn more about Capacitar International, visit their website at: https://capacitar.org/

Contact Bev at: Text- 920-374-6323 Call-920-693-8941 Email-circleofsong@tds.net



LUUF Basket weavers enjoying Mary Ellen's gift of time, talent and supplies for beautiful baskets that are coming along nicely. Watch for finished projects soon.



Watch the Chalice, announcements and newsletter for walks, talks and other activities to get you off your couches this winter.



GENERAL UUAM INFORMATION

Love animals? Did you know there's a UU organization dedicated to honoring and protecting them?

The **UU Animal Ministry (UUAM)** helps UUs live our values of compassion, justice, and respect for all beings. Stay connected through our <u>newsletter</u>, <u>social media</u>, or at <u>UUAM.org</u> to learn about events, programs, and advocacy. From our annual Celebration & Blessing of the Animals to forming local chapters, you'll find inspiring ways to act with love for animals. Join us in building a more compassionate world!

Start a UUAM Chapter

Want to bring more awareness of animal issues into our congregation?

Starting a UU Animal Ministry (UUAM) chapter is a great way to do it. Each local chapter chooses the topics that matter most to them, from food justice to spiritual connection. UUAM provides resources, monthly leader gatherings, and even grant opportunities to help chapters grow. Interested in starting one here? Email info@uuam.org to learn more.

ANNUAL CELEBRATION & BLESSING OF THE ANIMALS ON ZOOM!

Celebrate the animals who share our lives and the wider world!

Join **UU Animal Ministry** on **Sunday**, **October 12 at 4 PM EDT** for our <u>Annual Celebration & Blessing of the Animals</u>. Our featured speaker this year is Rev. Gary Kowalski, who has authored several books about spirituality and animals that have been translated into a number of languages and sold worldwide. This joyful online gathering includes music, readings, poetry, and words both modern and from our ancestors in faith. Bring your love for animals and connect with others in a spirit of reverence and joy. All are welcome! Visit **UUAM.org** for details.

Pet Loss Support Group

Losing a beloved animal companion is never easy. You don't have to grieve alone.

The <u>UU Animal Ministry Pet Loss Support Group</u>, led by our Chaplain Rev. Russell Elleven, DMin, offers a compassionate space to share and heal. This online group meets the first Wednesday of each month at 8 PM EST. Whether you are facing the loss of a pet now or mourning one who has passed, you'll find comfort and connection here. For Zoom details, contact Rev. Elleven at relleven@gmail.com.



Fall 2025 Retreat

Friday-Sunday, October 17-19

(Re)Connect with Mother Earth

We'll gather in person at Cedar Valley Retreat Center, West Bend, WI, Our keynote is Kerry Hagy, Executive Director of the South Haven (MI) Center for the Arts.



Sage is our Lead for this event.

We will again meet at **Cedar Valley Retreat Center** near West Bend, Wisconsin. We enjoyed the food last year, and it is a cozy and comfortable space.

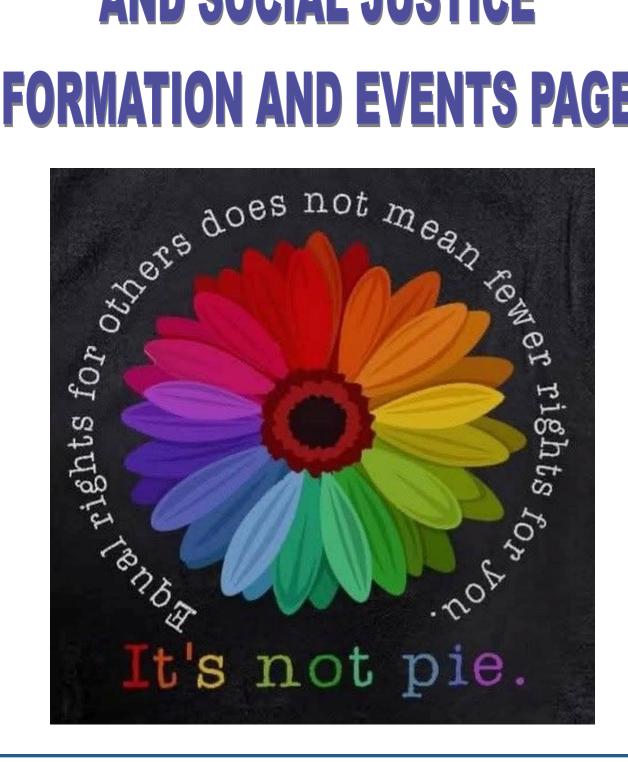
Cedar Valley is 100 acres of pastoral beauty nestled

in the heart of Washington County, just a short drive north of the metro Milwaukee area. Your creative spirit will soar while walking the beautiful trails, or enjoying a sunset. There



are abundant indoor and outdoor recreation opportunities. You can attend workshops, enjoy thoughtfully sourced and prepared meals, and simply relax.

LUUF ENVIRONMENTAL AND SOCIAL JUSTICE INFORMATION AND EVENTS PAGES



LUUF NEWSLETTER



We are called to put our UU values and faith into action to build a world that is peaceful, compassionate, just and sustainable.

In the tradition of UU's, our Fellowship, it's members and friends live our UU principals by participating in many social and human concerns endeavors. Social Action is the lifeblood of our Fellowship. It nourishes us spiritually and enriches our community.

LUUF's Social Justice committee sponsors many different ways to make a difference in the world through social justice and community outreach. We work with partners in the community at various concerns throughout the community and are often well represented. We have a strong commitment to social justice, supporting and encouraging our members and friends to be involved in some way with our social justice outreach activities.

Our Fellowship offers members and friends many hands-on opportunities to create social justice

Hope House of Manitowoc County



Hope House, a program of Lakeshore Interfaith Hospitality Network and an affiliate of Family Promise, is a non-profit organization whose purpose is to provide immediate shelter and guidance to homeless individuals and families. Contact Kim Everett kimeverett60@gmail.com if you are interested in volunteering. Information and training will be provided.

<u>InCourage - Domestic Violence Center</u>

Provides shelter, crisis intervention and supportive services for survivors of domestic and sexual abuse and their families, with a commitment to safety, respect and self-determination.



Painting Pathways



Painting Pathways Clubhouse empowers adults with diagnosed mental illness by building community, supporting recovery and changing lives.

Two Rivers Ecumenical Pantry (TREP)

Food assistance for those in need. Serving Two Rivers, Mishicot, and surrounding areas.



The Haven of Manitowoc County



The Haven of Manitowoc County provides shelter for homeless men for up to 90 days and offers a program to help them regain their independence







PICKLEBALI TOURNAMENT



SATURDAY, OCTOBER II, 2025 8AM-5:30PM



A pickleball tournament fundraiser for Hope House of Manitowoc County

Skill Level from 3.5 - 4.0

8:00-10:00am (Men's Doubles) 10:30am-12:30pm (Mixed Doubles) 1:00-3:00pm (Women's Doubles) 3:30pm-5:30pm (Men's Doubles 4.0+)

1st, 2nd and 3rd place medals given for each division!

RAFFLE BASKETS 20 FOR \$20 TICKETS

> SWAG ITEMS FOR SALE



COMPLIMENTARY FOOD & WATER FOR PLAYERS





PICKLEBALL CONNECTION REGISTRATION

Manitowoc, WI

1455 N Rapids Rd

Location:

Registration is required FEE: \$70 per team



PRE-PAY ONLINE

Pay through Hope House or pay at event

Questions? Contact Alex: adaffner5@gmail.com 920-242-2193

hopehousemc.org





CALLING ALL BUILDERS!

🏋 You build homes for a living—now help build hope for our neighbors in need.

Join us for the 10th Annual Cardboard City: Battle of the Builders! This community event raises awareness and funds for local housing and shelter programs—and we need pros like YOU to lead the charge.

- 👲 Form a team.
- Build a cardboard creation.
- Show your community spirit.
- 🎀 October 24–25 | Manitowoc, WI.

Sign up Link: https://docs.google.com/forms/d/ e/1FAIpOLScOCWyPDEWohz9vg16xKlNNqK7ycjO4F5EwdIDGlbaKg myjg/viewform?pli=1

TREP Food Pantry



Lakeshore UU members and friends will once again collect and donate non-perishable foods to TREP (Two Rivers Economical pantry). Canned, in a jar or boxed food (NO fresh food items) will be accepted. You'll find a box in the front entryway of the Fellowship beginning Oct. 1st . Please drop off any donations when you arrive for Sunday Services. Melody Hanson has agreed to deliver the donations to TREP. Thank you for your help.



Hope House LUUF Evening Host volunteer dates for 2025 Mark your calendars. If anyone is interested in volunteering for Hope House, please contact our coordinator Nancy Slattery at: (920)412-4725

2025 dates

Sept 28-Oct 4 * Nov 16-22

Hope House of Manitowoc County is celebrating **20 years of service to the homeless families.** We started in 2005 as a rotating homeless shelter from church to church. This transferred into a location at St Boniface Church for several years. In 2017 the Board made the decision to have a permanent site at 1000 South 35th Street, Manitowoc.

We now have room for 35 individuals in our house. We have common areas: living room, dining room, playroom and laundry room. We are very pleased to welcome and assist our homeless residents through case management, life skills training, service searches and other independent living preparations. Their school age children are in school during the day, which gives the parent time to work and time to reach out to services and participate in case management.

As a 90-day program we assist, and move the family into independence as soon as they are ready. The barrier to independence is the availability of housing. Our \$20 for 20 years of service campaign will help us provide services and items needed by our families.



Donations can be dropped off 24/7 at 300 E Reed Ave, Manitowoc WI 54220

We're in need of personal care items—deodorant, body wash, shampoo, conditioner—as well as household cleaning supplies. Every donation brings comfort, dignity, and relief to those rebuilding their lives.

You can make a difference by purchasing items directly from our Amazon wishlist:

Amazon Wish List link: https://www.amazon.com/hz/wishlist/ls/1EAVOO8FPB0RK?



1-2 hours a week
Organize, mark, and rotate food
and hygiene products in our
donation pantry.



Van Der Brohe Arboretum Inc

Garden Wine Walk 2025



As autumn colors peak, guests will stroll through our scenic grounds, stopping at nine Franciscan Garden wine stations to sample a selection of local wines & appetizers. It's a peaceful, picturesque way to experience the arboretum in fall.

Tickets include 9 wine samples, appetizers & souvenir glass. Additional wine will be available for purchase. Event for guests 21 years and older.

Bonfire - 6 p.m.

As the sun begins to set, we'll gather around the bonfire to unwind and enjoy the evening. Bring your own lawn chairs and sip your favorite wine by the fire while enjoying the cozy glow.

Get your Tickets at: https://givebutter.com/VDBAwalk2025



POWER BELONGS TO THE PEOPLE. JOIN THE MOVEMENT

SATURDAY, OCT. 18 MANITOWOC, WI

Performance by:

Raging Grannies

Raging Grannies

Playlist by Erin and Gummy

Playlist by Erin and Collection for hungry kiddos

hungry kiddos

Washington Park

1115 Washington St. Manitowoc, WI 54220

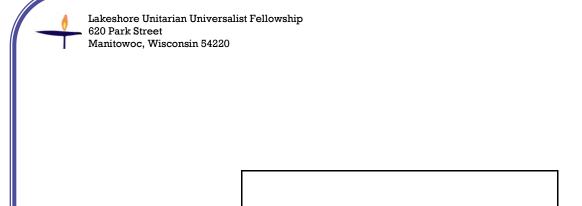
11:00 a.m. - 12:30 p.m.

PEACEFUL PROTEST



Bring your own sign, water, and chair if needed.

Can't make this one? Green Bay is hosting a rally at 3:00 p.m. More information at nokings.org.



LAKE SHORE UNITARIAN UNIVERSALIST MISSION

As a welcoming and accepting, diverse and inquiring spiritual fellowship, We unite to create a community which stimulates a free exchange and Exploration of ideas, foster spiritual and intellectual growth, and serves as a base for active outreach to benefit the world around us.

AS UNITARIAN UNIVERSALISTS, WE AFFIRM AND PROMOTE THESE PRINCIPLES

The inherent worth and dignity of every person
Justice, equality and compassion in human relationships

Acceptance of one another and encouragement to spiritual growth in our congregations

A free and responsible search for truth and meaning

The right of conscience and the use of the democratic process

The goal of world community with peace, liberty and justice for all

Respect for the interdependent web of all existence of which we are a part

We affirm and promote journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions."

