



LAKESHORE UNITARIAN UNIVERSALIST FELLOWSHIP

A welcoming and accepting, diverse and inquiring spiritual fellowship

OCTOBER 2018



SERVICES: SUNDAY 10:00 A.M

620 PARK STREET,
MANITOWOC, WI 54220,
PHONE: (920) 686-0643

Email: luuf.parkstreet@gmail.com

Website: www.lakeshoreuufellowship.org

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Universalist Fellowship

LUUF LAY MINISTERS

Linda Hunter
huntel@comcast.net

Erica Strauss
erica.h.strauss@gmail.com

Ginny Fimmel
amanuensis_vlf@yahoo.com

Jim Hollahan
jim.hollahan@gmail.com

LUUF BOARD

President: Erica Strauss
V. President: Cecilia Held
Treasurer: Kathleen Bernhart
Secretary: Nancy Lodl

Members at Large:
Jim Everett
Jim Hollahan
Ginny Fimmel

Save

OCTOBER 7

“Time takes time, love begets love”

Rev. Lex Cade-White

Love takes time

Love makes time

Love gives time

Love earns time

“We go through so many experiences as a community and country, as a family, and as individuals. The important thing the challenge is what do we do with our time here. How it's spent, used, lost, saved and savored.”

Rev. Cade-White is the PM chaplain at Sst. Luke's Aurora Medical Center and the Minister of community out reach at Ebenezer UCC.

OCTOBER 14

“Embracing a Life of Wonder”

Phil Sweet

Christianity is one of a group of mystery religions; but mystery recedes the more you throw the light of knowledge at it. There are evils to mystery as it can be used to prey on fears and superstitions and ignorance; but paradoxically, life is essentially mystery. Carl Sagan said we evolved to wonder.

Phil, a retired UCC minister from Sturgeon Bay, is one of our regular speakers. He's always inspiring.

OCTOBER 21

“What World Will We Leave Them?”

Ted Rulseh

“Them” refers to people like Ted's grandsons, Tucker and Perrin Kulow. How will humanity cope with the ever-expanding population on the Spaceship Earth? He'll identify the risks and offer some solutions -- how we as individuals might consider thinking about this fundamental question.

Ted is a former member who moved “up North.” He always brings a provocative thought or two. (or more!)

OCTOBER 28

“Remembering the Saints”

Ginny Fimmel



At our traditional “Remember the Saints” service we share the stories and wisdom of special people in our lives, both living and deceased. In this way, we give to each other some of what we've been given by our “saints”). Please plan to participate and IF YOU HAVE PHOTOS TO SHARE, please send an electronic copy of your photos to Ginny Fimmel at amanuensis_vlf@yahoo.com or call her at 860-9346 to arrange to meet to have the photo scanned and returned to you.

Soup Sundry—Monthly offering for Haven

Email Kim Everett at kimeverett60@gmail.com

LUUF Chalice Yahoo group subscription

<https://groups.yahoo.com/neo/groups/LUUFChalice/info> To unsubscribe luufchalice-unsubscribe@yahoogroups.com

Starting with Persimmons

Beginning this month, Jean Biegun will convene a group to share readings from *Sources of Our Faith*. These are short meditative or inspirational readings on our Six Sources, which our minister in Cape Town felt constituted the most defining characteristic of Unitarian Universalism. For October 7, we are reading selections connected with the first of these sources, "Direct experience of that transcendent mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces that create and uphold life."

Here is one of the readings that spoke to me, the opening stanza of a poem by UU minister Nancy Shaffer:

Were I to teach a course on God

I would begin with a plate of persimmons—

the sweet, crisp kind, the ones more

orange than red: the hard, squat Fuyus

I eat each November morning on hot

wheat cereal with almonds.

I love the way an intimate, highly particular, concrete experience becomes here a way of approaching the holy, the numinous, mystery. But that is, after all, the work of the poet.

Fall is a good time for poems, for reflection and meditation, for paying closer attention to the sounds and sights and tastes of our world. Most of the time, for me, it is a slowing-down time after the bustle of summer activities. Not so this year! Bill and I have a pretty hectic schedule from mid-October right through the end of November.

The Board schedule will change a little as a result. We will meet as usual on the first Wednesday of the month, October 3, at 1:00, and then again on the last Monday, October 29, also at 1:00. We won't meet in November. At the first meeting, we expect to officially adopt our new Conflict Transformation policy, which is in final draft form now, and will share it with the congregation once that happens.

We are also hoping by then to have volunteers for a covenant planning group. We will ask some of you specifically, but we also encourage anyone who would like to do this work to come forward. We've talked a little about covenant, but I came upon a good metaphor a few weeks ago. Our Seven Principles are our ideals—a destination. A covenant is the roadmap we want to take us there. Developing a covenant helps us articulate what *living* those principles looks like, what specific promises we want to make to one another.

(Continued on page 3)

The next Board Meeting will be held on **Wednesday, October 3 & 29, 1:00pm, in the Fellowship**. As always, if you have any issues you would like addressed or would like to attend a meeting, please let a member of the board know. All are welcome to attend board meetings. In the spirit of transparency— Minutes of past board meetings are filed in the library.

LAKESHORE UNITARIAN UNIVERSALIST (LUUF) LAY MINISTRY

Theologically, LUUF Lay Ministers are as diverse as Unitarian Universalist – among our Lay Ministry you will find a variety of spiritual perspectives and beliefs about the sacred.

LUUF Lay Ministers are committed to serving all Fellowship members and friends, with the utmost of compassion and discretion. If you're in need of a good listener, connection, support and/or resources inside, or outside our Fellowship, in times of illness, or another of life's challenges, or to officiate at dedications, weddings, or funerals, please don't hesitate to contact any of the following LUUF Lay Ministers:

Linda Hunter huntel@comcast.net or Erica Strauss erica.h.strauss@gmail.com

Continued from page 2

Another priority will be a planning group, meeting quarterly, to develop ideas for making our services more family friendly and to devise some long-term plans for UU faith development programming for both children and adults. Please let me know if you are interested. We would especially like to have key stakeholders at the table—parents, members of service planning, those who are or have been involved in children's or adult's RE.

Lots going on! What we are working on are specific ways we will come together, to experience each other, and ultimately to connect with our faith and what brings us awe, wonder, and the renewal of our spirits. Do take time this month to enjoy the turning of the season, the ripening of the persimmons, and all those experiences that take you to a sacred place.

Erica



Multigenerational worship is designed to engage all ages, from babies to elders, in a shared experience of spiritual growth.

Please join us in service, all ages, all welcome.

For our youngest activity bags, full of fun and entertaining things to do during service will be provided.

Rocking chairs to sooth, or quiet space to calm, your children are welcome into our beloved community



**SIDE WITH
LOVE**

There's still a few "Side with Love" T-shirts and sweatshirts available. Please check with Kathy Bernhart or Kim Everett to see if one is available in your size. Style and size varies, but maybe you'll get lucky and one is still available in your size.



Kathie Fishbeck will resume the weekly discussion program on Civil Discourse.

Beginning

Sept 10th

10:00 at the Fellowship

Open to all UUs and friends.

Reflective Listening

Wednesday, Oct 24 10:00am

A small gathering to share from our deeper selves, to hear ourselves and one another more gently and respectfully.

Nancy Horvath will facilitate our practice of Respectful Listening.

The principles and practices she shares are from the teachings of Robert Wicks, PhD.

www.robertjwicks.com

Limited to six women, sign up sheet in the vestibule of the fellowship.

Contact Jean Biegun for information.
jbiegun@att.net

The Art of Table Setting

Rahrwest Museum

October 7—November 4

Look for our table setting titled

Potluck

Everyone Brings Something To The Table

This table setting pairs with the Rahrwest's high spirited "Lunch With Lautrec" and the simple offerings from our Fellowship.

Book Discussion

**Sunday Oct 14th
after coffee**

Jenn Hollahan will lead a discussion of the book, which speaks about police brutality against black people that has become commonplace in America. The author is one of the most honest comedians of our time and the book, through humor, tell the truth about the black experience. Sign up sheet in the vestibule of the fellowship.

**Meditation /
Centering
Prayer**

Tues., Oct. 16, 2018
at: 10.00 A.M.
The Fellowship

(Lunch out to follow)



More than tea & toast

Don't forget!
Saturday, Breakfast Club,
October 76 Dali's Café 9am.

First Saturday of every month.
 Join us for breakfast and conversation.
 No need to sign up, just show up!



Woman's Song Circle

Share your creative energy and joy of woman-hood.

You are welcome to bring your songs, poems, meditations.

For more information or dates we will meet please contact.

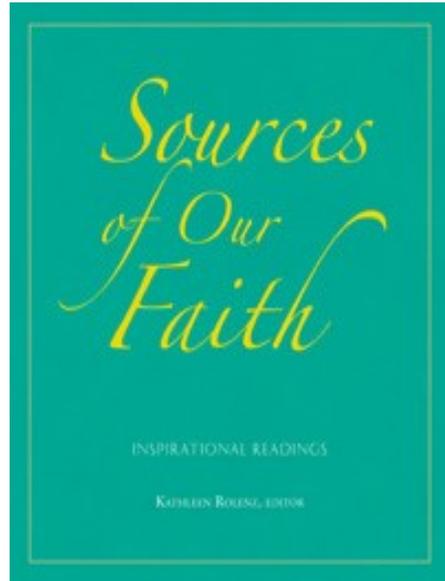
Bev at 920-693-8941 or email circleofsong@tds.net

The circles of women around us weave invisible nets of love that carry us when we're weak and sing with us when we are strong.
 -Sark

Breathe it in.



Sunday Evening Meditation
6:30pm



Unitarian Universalist Sources of Faith
 Sharing/reflection group will meet very Sunday after coffee, starting

October 7th

Several copies of the book have been ordered, see Jean Biegun, if you're interested in participating.

Some preparation for each session is expected.

The living tradition we share draws from many sources. This collection of inspirational readings from many cultures and times provides a felt sense of the six Sources of Unitarian Universalism. Organized by Source, and introduced with thoughtful essays from the editor, these readings are ideal for use in worship or for personal reflection.



Don't Forget!
Circle Suppers, breakfast, brunch or Lunch!

We're seeking HOSTS for the Fellowship's Circle Supper, breakfast, brunch, or Lunch in March, April, or May!

First Saturday of each month, join the Breakfast Club, at Dali's Café, at 8th & York. Informal, no need to reserve your space, just show up and enjoy breakfast with friends.

These suppers are simple and fun!
 A potluck at a host's home, or a gathering at a restaurant. Host choice, lunch, or dinner, weekend, or weekday! Home, or favorite restaurant.

Circle Suppers are a great way to get to know Fellowship friends. For the potluck meals, in guests homes, participants coordinate with their host on what to bring. For a restaurant dinner, hosts choice, participants pay for their own meals. It is recommended that a Circle Supper include 6-10 people, to contribute to good conversation over a shared meal. It does not have to be an even number, 7 works too!

We're organizing it a little different—you'll find Circle Supper sign up sheets in the vestibule of the Fellowship. Anyone interested in hosting, fill in the host section of the sign up sheet, date time and pot-luck or restaurant, feel free to announce you're hosting during the service announcements, and guests will sign up. **Super Simple, Circle Suppers!**

Contact Kim Everett, or adult activities committee, for questions, or to include your Circle Supper in the newsletter.

Friendly Fellowship around Good Food!

GLOBE

Green Living On Behalf of the Earth Green Tips



Oct 7:

Many Americans are questioning our habit of over-consumption and making efforts to downsize, minimize, and simplify. This month we'll share some tips that will help you clear out the clutter *and* live more lightly on the planet. This week: The Story of Stuff Project--storyofstuff.org--has lots of great [videos](#) and [resource guides](#) that explain why rampant consumerism is hurting people and the planet, and what we can do about it. Check It Out!

Oct 14:

Downsize/simplify, Part 2: Courtney Carver of bemorewithless.com [recommends putting your belongings in four categories](#): 1. Items you use and love; 2. Items you want to keep but don't know why; 3. Items that don't fit your life or style; 4. Items that aren't in good condition. She further urges the donation, repair, or recycling of categories 2 through 4.

Oct 21 :

Downsize/simplify, Part 3: From bottled water to razors, coffee pods to take-out containers, we've grown accustomed to single-use items. Google Center for New American Dream's [Conscious Consumer Guide](#) for smart alternatives to throwaway products.

Oct 28th:

Downsize/simplify, Part 4: Switch to sharing. From cars to tools to bikes, people are sharing more than ever. On the web page earthshare.org/2012/05/sharing.html, learn about new apps that make it easy to dispense with ownership altogether and how to take part.

TransitionEarth.org

We've all heard about the power of grassroots movements and how successful the actions of committed and determined people can be. In general, this type of action attempts to mobilize *individuals*—for example to increase public awareness on how to mitigate the effects of climate change, or work to influence a political outcome.

During these turbulent and often frightening times, we may wonder what else is out there that could help bring about positive change—pulling us together to work toward solutions.

TransitionEarth.org is the website of a movement which promotes human rights and nature's rights in a world of unsustainable population and economic growth, and advocates for global systems change to enable the shift to a sustainable planet for all.

Their programs include, but are not limited to:

Women's Rights and Empowerment: addressing the needs of women and girls through rights-based approaches.

Education

Voluntary Family Planning

Gender Equality, and more.

Also check out Women's Climate Center International at www.climatecenters.org

Population, Health, and Environment Framework (PHE)

Health Care / Family Planning

Community Management of Natural Resources, to Empower the People that depend upon them.

Global Systems Change-- redefining economies from obsessive growth and consumerism to sustainable types, shifting consciousness to the rights of nature as the path to protecting global ecosystems.

We hope that you'll look for further information on the Transition Earth website and beyond; their work is a vital contribution to our planet and honors the UU 7th principle: *Respect for the interdependent web of ALL existence, of which we are a part.*

Please watch in November for part 2 of this article: "Transition Towns".

Respectfully submitted by:
Judi Northen



If you'd like to participate in Hope House Volunteer opportunities, please
Call Volunteer coordinator Roger Smith at Hope House **(920) 686-1436**

To schedule a time to become familiar with Hope House and learn
what's involved in becoming a volunteer

Hope house wish list

Storage Totes

Cleaning Wipes

Pillows

For additional items, visit their website at:

<http://hopehousemc.org/wish-list/>

**Lakeshore UU
Volunteer weeks**

October 22—28

December 12—16

**Contact Nancy Slatterly at:
nancy_slattery@hotmail.com**

Check out Hope House facebook page for more information about upcoming events and happenings.

<https://www.facebook.com/hopehousemc/>



Painting Pathways Club House Inc.
Club House international registered.

Painting Pathways Clubhouse empowers adults with diagnosed
mental illness by building community, supporting recovery and changing lives.

<http://paintingpathways.org/>

<https://www.facebook.com/Painting-Pathways-Clubhouse-Inc-1612913832257735/>





The Manitowoc County
Domestic Violence Center (DVC)



new name is... in courage

still SUPPORTING VICTIMS of DOMESTIC ABUSE and SEXUAL ASSAULT

24/7 CRISIS LINE (920) 684-5770

EMAIL: INCOURAGE@INCOURAGEWI.ORG



SHELTER ASSISTANT/CRISIS LINE:

Answer the DV & SA crisis lines (training provided)
Assist residents as needed in shelter with daily living skills
Other volunteer opportunities:
Restocking kitchen cupboards
Organizing/cleaning
Processing donations

RECEPTIONIST/OFFICE WORK:

Greet visitors (during daytime hours)
Assist with clerical duties such as:
Data entry
Making copies
Filing
Preparing mailings
Familiarity with Word and Excel a plus

SPECIAL EVENTS/FUNDRAISING:

Lend a hand at special events.
Fundraisers.

TRANSPORTATION:

Assist in the transportation of clients to appointments in the community and other various destinations.
Can use agency van or your insured vehicle

MAINTENANCE/YARD WORK:

Help with regular maintenance or yard work.
Summer lawn mowing is always needed.

Mailings

For additional information about volunteering at inCourage, visit their website at:

<https://incouragewi.org/volunteer-page/> Or call 1-920-684-4661

Follow InCourage on [https://113065508711585/](https://www.facebook.com/InCourage-113065508711585/)



[www.facebook.com/InCourage-](https://www.facebook.com/InCourage-113065508711585/)

DOMESTIC VIOLENCE AWARENESS MONTH



**I BELIEVE
YOU**



of Manitowoc County, Men's Homeless Shelter

www.thehavenofmanitowoc.org



<https://www.facebook.com/The-Haven-of-Manitowoc-County-119607058158558/>

Things We Need

Personal Items

- Bath Towels and Wash Cloths
- Body Wash
- Ear Swabs
- Jeans size 29-32 waist
- Lotion
- Nail Clippers
- rain ponchos w/ hoods
- steel toed boots all sizes
- sunscreen
- Underwear (no briefs) socks all sizes

Food Items

- bottled water
- Butter
- charcoal and fluid for grilling
- cheese
- coffee creamer
- Coffee regular grind
- fruit juices
- Milk
- salad dressings
- Sugar

Shelter Supplies

- 45-49 gallon black garbage bags
- air fresheners (glade, febreze)
- alcohol pads
- aluminum foil
- Batteries (all sizes)
- fans--prefer box style
- kitchen dishes, plates, cups, silverware
- Laundry Detergent
- light bulbs
- lysol disinfectant spray
- non latex gloves
- Paper Towel
- pots/pans,cooking utensils
- power strips
- Toilet Paper
- Y/Z vaccum bags
- Ziplock Freezer Bags

Office Needs

- clear document protectors
- legal pads
- manila folders
- packaging tape
- post it notes
- printer paper 8 1/2 X 11
- Resume Paper
- used laptops

The Haven is currently looking for volunteers who are interested in helping out in the office for a few hours in the afternoon answering phones. We are also looking for volunteers to help our shelter monitors in the evenings from 4-5 pm to 8pm answering the phones as well as small other projects. If interested please contact Jenine at the Haven Office. (920) 652-9110. Thank you so much.

October 13 & 14th



Join us for this year's Cardboard City event, a fundraiser for Habitat for Humanity, The Haven, and Hope House. All 3 agencies are working to help the homeless in our community.

Cardboard City is a homeless experience where individuals, families or groups will spend the night in cardboard boxes, simple tents, or in their own car to experience what many homeless families and individuals go through. A simple meal will be served for dinner and there will be activities, entertainment and presentations throughout the evening.

CLOSE TO HOME

Manitowoc Public Library Discussion Series, close to home

“**Close to Home**”—a companion series to the popular “Great Decisions” foreign policy presentations—is a domestic issues series that utilizes a panel discussion format to explore a range of often-times difficult-to-discuss realities that have the potential to impact the daily lives of people within our community. The “Close to Home” discussions will be take place in **Manitowoc Public Library’s Balkansky Community Room at 6:00 PM on the first four Monday evenings in October.**

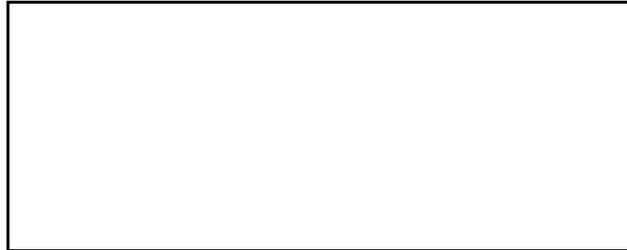
October 1: We will be taking a look at “**Guns in Schools.**” Tragic gun-related events have become an all-too-frequent occurrences in academic settings. We’ll discuss how we got to this point and what could possibly be done to eliminate them from re-occurring. Members of this panel include Sergeant Andy Trilling of Manitowoc Police Department’s Crime Prevention Program and longtime educator, Barbara Bundy-Jost, as well as other members of our community with strongly-held opinions on the topic.

October 8: “Surviving Suicide” becomes the focus of our discussion. While this topic is an admittedly a difficult one to address, we seem to be able to openly take on array of difficult-to-discuss issues. However, suicide remains taboo, hushed, and in-the-shadows. This panel—comprised of both survivors (Amber Daugs & Stacey Groll) and those that seek to recognize and prevent people from reaching that level of despair (Donna Firman of Prevent Suicide Manitowoc, Carrie Redo of Healthiest Manitowoc, Scott Gunderson, Agricultural Agent, UW Extension, Jennifer Gleichner, Health Aide, Lincoln High School and Sergeant Andy Trilling, MTPD Crime Prevention) —will serve as the facilitators of what undoubtedly be a heartfelt, passionate discussion.

October 15: With the midterm elections literally scant weeks away from this evening, we thought that it would be an excellent time to discuss “**Elections: Rights, Issues, & Ethics.**” Time to take a closer look at what is perhaps our greatest—and most abused, overlooked, and neglected—rights as Americans. Our expert panel—comprised of Matthew Kadow, Jamie Aulik, Molly McGrath (a representative from the American Civil Liberties Union), and others—bring a wealth of insight and passion to the table. Definitely not to be missed!

October 22: Merriam-Webster defines **Freedom of Speech** as “the legal right to express one’s opinion freely.” In fact, the First Amendment of the United States Constitution protects freedom of speech, one of the most-cherished of American rights. But, how free is “Freedom of Speech” and are we in danger of having it compromised—or even lost altogether. Join us and our crack panel on October 22nd to explore this topic from as many angles as we can fit into the allotted time.

Lakeshore Unitarian Universalist Fellowship
620 Park Street
Manitowoc, Wisconsin 54220



LAKE SHORE UNITARIAN UNIVERSALIST MISSION

*As a welcoming and accepting, diverse and inquiring spiritual fellowship,
We unite to create a community which stimulates a free exchange and
Exploration of ideas, foster spiritual and intellectual growth, and
serves as a base for active outreach to benefit the world around us.*

AS UNITARIAN UNIVERSALISTS, WE AFFIRM AND PROMOTE THESE PRINCIPLES

The inherent worth and dignity of every person
Justice, equality and compassion in human relationships
Acceptance of one another and encouragement to spiritual growth in our congregations
A free and responsible search for truth and meaning
The right of conscience and the use of the democratic process
The goal of world community with peace, liberty and justice for all
Respect for the interdependent web of all existence of which we are a part

PEACE TO ALL





*Environmental Rights
are Human Rights*

