## LAKESHORE UNITARIAN UNIVERSALIST FELLOWSHIP

A welcoming and accepting, diverse and inquiring spiritual fellowship

### **APRIL 2024 NEWSLETTER**



#### SERVICES: SUNDAY 10:00 A.M

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#### LUUF LAY MINISTERS

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im.hollahan@gmail.com

Ginny Finnel

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#### LUUF BOARD

President: Co-President

Sandy Bast Dick Urban

Treasurer:

Kathie Fishbeck

Secretary:

Melody Hanson

Members at Large:

Mary Dean Sharon Tittle Albert Sears Linda Wenzel **April 7** 

"The Art of Interdependence"
James Neilson

Recognizing the intimate union of art and beauty with literature, science, health and nutrition. A survey of images that recognize the inherent and surprisingly enriching experiences of mutual reliance and the development of shared wonder, joy and awe.

Jim is an art professor at St Norbert College and a frequent speaker for us!

April 14
Karon Sandburg
TBA

Rev. Karon Sandberg is an ordained UU minister who her spent her ministry as a hospice chaplain. She marveled at the sacred lessons her dying patients taught her about how to live. Now in retirement she's working on a book about these lessons and speaking monthly at various UU congregations. She and her husband, Joel, are having fun hiking state and county parks, listening to live music in their community and marveling at how their adult children's lives are unfolding

April 21

'The Right of Nature"

Anahwet (Guy Reiter)

The Right of Nature is a movement to protect land and resources

for future generations by bestowing legal personhood to nature. Countries such as Ecuador and New Zealand have incorporated this into their legal code, and in America, local governments are calling for a similar elevation of legal status for natural systems.

Anahkwet (Guy Reiter) is a traditional MPat enominee who resides on the Menominee Reservation. He's the executive director of a Menominee Indian community organization called Menikahnaehkem and a member of the Menominee Constitutional Taskforce. He's also a community organizer, activist,

author, amateur archaeologist, and lecturer.

April 28
Pat Hanson
TBA

Pat Hanson provides psychotherapy for individuals, couples, and families at a licensed outpatient mental health clinic, New Day Resource.



Save a tree, save paper, save money Sign up to receive your LUUF newsletter electronically

Email Kim Everett at kimeverett60@gmail.com

# LUUF BOARD BRIEFS

April is here and four members will be attending the UUA Mid America Regional Assembly to be held in Madison, WI on April 19th and 20th. This will be a good opportunity to connect with other UUs and learn what is offered by the larger organization.

The board also began planning for the Annual Meeting which will take place on May 19th, 2024. The pledge drive was successful and Kathie Fishbeck is in the process of preparing the budget for 2024/2025. **Please Note:** If you know that your committee will have a special financial need in the upcoming fiscal year, please contact Kathie Fishbeck with your request ASAP.

In addition, the issues with our audio/visual equipment have been corrected. If anyone is interested in learning how to use the equipment to assist with our zoom services, please contact Kathy Bernhart or a board member.

Also, if you have not received the quartely UUA Magazine, please contact Sandy Bast.

The next board meeting is scheduled for Wednesday, May 1, 2024 at 10:00 A.M. at the Fellowship. If you have questions or concerns or are curious, please join us.

Thanks to all for making our Fellowship a very special place.

Sandy Bast & Dick Urban--Co-Presidents

### LAKESHORE UNITARIAN UNIVERSALIST (LUUF) LAY MINISTRY

Theologically, LUUF Lay Ministers are as diverse as Unitarian Universalist among our Lay Ministry you will find a variety of spiritual perspectives and beliefs about the sacred.

LUUF Lay Minsters are committed to serving all Fellowship members and friends, with the utmost of compassion and discretion. If you're in need of a good listener, connection, support and/or resources inside, or outside our Fellowship, in times of illness, or another of life's challenges, or to officiate at dedications, weddings, or

funerals, please don't hesitate to contact any of the following LUUF Lay Ministers:

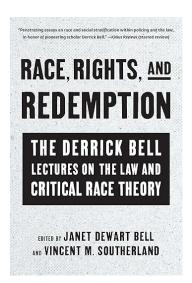
Linda Hunter <u>lhunter740@gmail.com</u> Jim Hollahan <u>jim.hollahan@gmail.com</u>
Ginny Finnel <u>amanuensis vlf@yahoo.com</u>

### **LUUF GATHERINGS AND ADULT ACTIVITES**



It always amazes me how much I learn from our conversations at Book Chat!! If it takes a village to raise a child, it takes a Book Chat to reveal all the twists and turns of the author's intent. So it went with the discussion of SING, UNBURIED, SING - a book I may have to re-read now that I've been enlightened! And now we turn to a somewhat different approach to our concentration on the African American condition.

for our next discussion, to be held at the Fellowship on MON-DAY, APRIL 22, at 3:00, we shall be reading RACE, RIGHTS, AND REDEMPTION - The Derrick Bell Lectures on the Law and Critical Race Theory. Derrick Bell was a lawyer and educator who fought for Civil Rights throughout his life. After his death, his wife, Janet Dewart Bell, founded a lecture series at NYU Law School. This book is the edited version of those lectures delivered over a period of twenty-five years by the country's leading legal intellectuals illuminating aspects of the laws of this country that perpetuate racial inequality. If you have ever wondered why it is so hard for our society to attain and establish Full and Real equality for All, this book is sure to reveal reasons and insights into that dilemma. As UU-ers, we should all be wanting this enlightenment! See you on April twenty-second - a brilliant conversation is assured!



#### WHAT IS BOOK CHAT?

The LUUF Book Chat has been meeting more or less monthly since Autumn of 2022, with a fairly steadfast core group, and , happily, new participants joining whenever able. Our first read, BRAIDING SWEETGRASS, by Robin Wall Kimmerer, (a book that truly has enhanced my relationship with our Natural World) piqued our interest in Indigenous Culture and Spirituality, so we continued on this path with two books by Kent Nerburn: NEI-THER WOLF NOR DOG, followed by THE GIRL WHO SANG TO THE BUFFALO - both very engrossing and intimate insights taking us further into the Indigenous Spirit.THE NIGHT WATCHMAN (Louise Erdrich), THERE THERE (Tommy Orange), and THE SEED KEEPER (Diane Wilson) offered further understanding into the Native Condition. The final book of the 22-23 series was THE HEARTBEAT OF WOUNDED KNEE, by David Treuer, a vivid reminder of the mindless brutality brought upon the Native Peoples that haunts us yet today. During this current year, we are concentrating on Black Culture - reading books by and about people of African Roots. The selection is enormous and of every genre. We launched the year with BLANCHE ON THE LAM, by Barbara Neely - the first of a series by Neely in which she introduces Blanche, a mother, domestic worker, and amateur detective who proves wiser than her employers. Most recently, we have just completed MASTER SLAVE HUSBAND WIFE (Ilyon Woo), the recently-published and much-discussed biographical book of the remarkable escape from the South and into freedom by two determined Slaves. If this star-studded list of Good Reads has sparked your literary candle, I invite you to locate a copy of SING, UNBURIED, SING by award-winning contemporary author Jesmyn Ward, and join the stimulating conversation with fellow BOOK CHATTERS, Monday, March 25, at 3:00 P.M. at the U.U. Fellowship. (submitted by Mary Dean)

LUUF NEWSLETTER

APRIL 2024

## LUUF ENVIRONMENTAL AND SOCIAL JUSTICE INFORMATION AND EVENTS PAGES



## **WE ARE:**

ALL CONNECTED

ISTRONGER TOGETHER

HER AND THE EARTH



₩ UUA.ORG/IMAGES

#### LUUF NEWSLETTER



We are called to put our UU values and faith into action to build a world that is peaceful, compassionate, just and sustainable.

In the tradition of UU's, our Fellowship, it's members and friends live our UU principals by participating in many social and human concerns endeavors. Social Action is the lifeblood of our Fellowship. It nourishes us spiritually and enriches our community.

LUUF's Social Justice committee sponsors many different ways to make a difference in the world through social justice and community outreach. We work with partners in the community at various concerns throughout the community and are often well represented. We have a strong commitment to social justice, supporting and encouraging our members and friends to be involved in some way with our social justice outreach activites.

Our Fellowship offers members and friends many hands-on opportunities to create social justice

### **Hope House of Manitowoc County**



Hope House, a program of Lakeshore Interfaith Hospitality Network and an affiliate of Family Promise, is a non-profit organization whose purpose is to provide immediate shelter and guidance to homeless individuals and families. Contact Kim Everett kimeverett60@gmail.com if you are interested in volunteering. Information and training will be provided.

### <u>InCourage - Domestic Violence Center</u>

Provides shelter, crisis intervention and supportive services for survivors of domestic and sexual abuse and their families, with a commitment to safety, respect and self-determination.



### **Painting Pathways**



Painting Pathways Clubhouse empowers adults with diagnosed mental illness by building community, supporting recovery and changing lives.

### Two Rivers Ecumenical Pantry (TREP)

Food assistance for those in need. Serving Two Rivers, Mishicot, and surrounding areas.



### **The Haven of Manitowoc County**



The Haven of Manitowoc County provides shelter for homeless men for up to 90 days and offers a program to help them regain their independence

### Earth Day 2024

Caring for our planet; caring for our community in the footsteps of St. Francis, Mother Earth, Brother Fire, Sister Water and Brother Wind/Air

### Presentations 1-2 p.m.:

Brother Wind/Air — Greenhouse Gas Effects
David Poister, Professor of Chemistry and Environmental
Science, St. Norbert College

Brother Fire — Sustainable Energy from Past to Present

Troy Adams, General Manager, Manitowoc Public Utilities

Sister Water — Wastewater Management Brad Busse, Engineering/Stormwater Technician, City of Manitowoc

Mother Earth — Grow it Forward

Amber Daugs, CEO and founder, Grow It Forward

**1-4 p.m.:** Green activities for children and resource information for all ages.

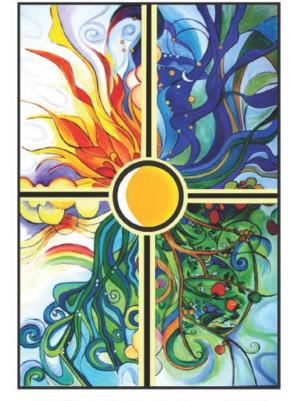
### Saturday, April 20, 2024

1-4 p.m.

Franciscan Music Center 6751 Calumet Ave., Manitowoc

Programs and activities for all ages.

Free admission.



Oil Painting by Sister Mariella Erdmann, OSF, 2013
Franciscan Sisters of Christian Charity
Used with permission

Presented by Froedtert Holy Family Memorial Hospital, the Franciscan Sisters of Christian Charity and Catholic Charities.







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### CHRISTIAN NATIONALISM: THE FALSE WHITE GOSPEL

AN EVENING WITH NOTED THEOLOGIAN,
AUTHOR AND SOCIAL ACTIVIST

JIM WALLIS





FRIDAY, APRIL 5 AT 6 PM
UNITED METHODIST CHURCH OF WHITEFISH BAY
819 EAST SILVER SPRING DRIVE

### Register at https://bit.ly/FWGospel

SPONSORS: MICAH - WE ALL
BELONG, WISDOM, BOSWELL BOOKS,
BAY BRIDGE AND UNITED METHODIST
CHURCH OF WHITEFISH BAY



Though you'll want to be physically present when the We All Belong Campaign hosts Jim Wallis to talk about his new book, if you're unable to get to the church, you can view on YouTube channel.

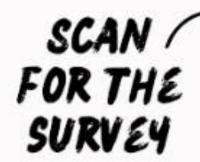
YouTube live stream: https://www.youtube.com/@umcwfb/streams

### **HELP US HELP BIRDS!**



### WE WANT TO HEAR YOUR STORY!

Living a bird-friendly life is a journey we can all embark on together.





Participants receive a free gift!

Please take our short survey and share what is growing in your yard, how you decide what to plant, where you learn about plants, and more!



By making small changes in our daily lives and embracing bird-friendly practices, we can create a network of welcoming habitats for our avian neighbors. The Lake Michigan Bird Observatory (LMBO) is looking for feedback on what barriers people have to supporting pollinators and birds through their lawn care practices. Scan the QR code above to take the survey.

Those that complete the survey will receive a free gift. One of the possible free gifts is 3 oak tree saplings. The Parks and Recreation Department would love for you to take the survey and then donate the trees to the Parks and Recreation Department to be planted in our parks.

### https://lmbo.questionpro.com/a/TakeSurvey...

### Or scan the QR code below

Once the survey is done you will be directed to the (LMBO) website to select the trees and a pick-up location. Please select either Burr Oak or Swamp White Oak and select Algoma as the pick-up destination. The Parks and Rec Department will handle pick-up. Please contact the Parks and Recreation front desk to let us know that you would like to donate the trees so we know to pick them up. Call 920.793.5592 to reach the Two Rivers Parks and Rec. Dept.

### TREP Food Pantry



Lakeshore UU members and friends will once again collect and donate non-perishable foods to TREP (Two Rivers Economical pantry). Canned, in a jar or boxed food (NO fresh food items) will be accepted. You'll find a box in the front entryway of the Fellowship beginning Oct. 1st . Please drop off any donations when you arrive for Sunday Services. Melody Hanson has agreed to deliver the donations to TREP. Thank you for your help.



Hope House LUUF Evening Host volunteer dates for 2024. Mark your calendars. If anyone is interested in volunteering for Hope House, please contact our coordinator Nancy Slattery at: (920)412-4725

### May 19-25, July 7-13, August 25-31, Oct 13-19, Dec 1-7

Evening Hosting at Hope House (5-8 pm) Evening hosts socialize with guests, welcome newcomers, and assist parents with children's needs. Evening hosts may conduct children's activities, help with homework, or assist a guest with a particular need.

Online training will discuss various topics such as: How our program works and why it is so effective. How you can volunteer and be a part of helping families become stabilized. Understanding your role as a volunteer. Sensitivity issues to be aware of when volunteering with our families.

### **Immediate Wish List Needs Include:**

Kwik Trip gas cards - \$10 or \$20 increment
Diapers Size 4, 5 and 6
Plastic hangers
Kid's 3-in-1 wash
Twin XL size bed sheets
Men's & women's adult body wash
For a full list and to purchase on Amazon visit:
https://www.hopehousemc.org/needs-list





### WHY VOLUNTEER AT INCOURAGE?

Choose from a variety of opportunities. We find the right fit for you!

### **VOLUNTEER OPPORTUNITIES:**

Play indoor or outdoor games, do crafts, plan activities with the children Teach a craft or skill or share your talents.
Plan family fun nights, such as game or movie night
Make a meal or snack
Assist children with homework.
Shelter Assistant/Crisis Line:

For a complete list of opportunities at InCourage, visit their website at: www.incouragewi.org/volunteer-page/

Or Call 1-920-684-4661.





### JOIN THE 5K FUN RUN/WALK

Saturday, April 27th @ 9am Red Arrow Park, Manitowoc, WI



\$30

Register online @ saam5k.square.site before April 7th to get a t-shirt!

Put a team together & support InCourage.

**Be a sponsor!** Register @ saam5k.square.site before April 4th. Contact Valerie at valerie.oswald@incouragewi.org or 920-684-4661.



Dig-in and help ensure access to fresh produce for our community!

At Grow It Forward we're dedicated to addressing food insecurity head-on. Our mission is clear: to ensure that no neighbor goes hungry. But we need YOUR HELP to cultivate this vision.

With food pantry visits on the rise, our mission has never been more critical. We aim to raise a minimum of \$60,000 by June 30th to fuel our hydroponic farm and garden efforts in covering labor, supplies and equipment, utilities, and more. Your contribution will directly support the planting, growing, harvesting, and distribution of fresh produce to our community!



YOUR GENEROUS SUPPORT:

- Grows over 47,000 servings of fresh produce.
- Provides 11,500 bags of produce to your neighbors in need.
- Harvests over 3 tons of leafy greens.
- Cultivates community goodwill with over 400 meaningful volunteer opportunities annually.
- · Supports careers in urban & hydroponic farming.
- Offers free garden-based and nutrition programing.

HOW YOU CAN HELP:

DONATIONS CAN BE MAILED TO: GROW IT FORWARD 1501 MARSHALL ST. MANITOWOC, WI

IN PERSON AT: HARMONY CAFE 921 S. 8TH STREET MANITOWOC, WI 54220

ONLINE BY VISITING: GROW54220.COM

BY SCANNING:



O1 DONATE

Help us plant and maintain rows or garden beds at our community plots. Every dollar counts towards providing nutritious food for those who need it most.

02 GROW

Dedicate a portion of your own garden to growing extra produce for donation. Together, we can amplify our impact and ensure even more families have access to fresh, healthy food.

03 SUPPORT

Volunteer to help us tend to our crops, pack produce, or assist with educational programs. Your hands-on support is invaluable in our mission to end hunger.

04 SHARE

Spread the word about our campaign with friends, family, and followers. Together, we can raise awareness and inspire others to join our cause.

### Join the StrongBodies Program!

### Health Benefits of Regular Strength Training:

- \*Increase bone density
- \*Increase social connectedness
- \*Reduce risk for chronic illnesses
- \*Reduce pain medicine use
- \*Increase balance & agility
- \*Increase muscle mass & strength
- \*Increase overall feelings of health and wellness FOOD



### WGB Manitowoc Campus Gymnasium March 25th - May 15th

705 Viebahn St, Manitowoc, WI 54220

Mondays & Wednesdays

10:00-11:15am

This is a FREE 8-week program! Each class includes progressive weight training, flexibility and balance activities, as

well as nutrition lessons once a week! STRONGBODIES

Registration opens March 1st, required by March 22nd Open to Men and Women

---- 3 Ways to Register!

1. Email kendra.mahuna@wisc.edu

2. Call Kendra @ (920) 683-4167

3. Scan

**QR** Code



### **APRIL 2024**



Tickets \$25: No food options for these performances.

Friday Evenings; April 26, May 3

Pub opens at 5:00; Shows start at 6:30

Saturday Twilight; April 27, May 4

Pub opens at 3:00; Shows start at 4:30

Sunday Matinee; April 28, May 5

Pub opens at 12:30; Shows start at 2:00

Three plays each evening on cost \$25.

For more information about Fringe Fest

Visit Forst Inn at:

https://www.forstinn.org/fringe-fest-2024.html

A non-juried one act festival, Producers submit an application to participate and six producers are drawn by random drawing. One hour slots (10 minute setup, 40 minute performance, 10 minute strike).

Friday, April 26	Saturday April 27	Sunday, April 28
Glass Gizmos @ 7:30	Chicken Salad @ 4:30	Glass Gizmos @ 2:00
Yeah, Art Figures @ 8:30	Glacier Bay @ 5:30	Yeah, Art Figures @ 3:00
Swan Song @ 9:30	I Say, Madame @ 6:30	Swan Song @ 4:00
Friday, May 3	Saturday, May 4	Sunday, May 5
Chicken Salad @ 7:30	Glass Gizmos @ 4:30	Chicken Salad @ 2:00
Glacier Bay @ 8:30	Yeah, Art Figures @ 5:30	Glacier Bay @ 3:00
I Say, Madame @ 9:30	Swan Song @ 6:30	I Say, Madame @ 4:00

#### LUUF Member Claran LaViolette produced Glacier Bay, Written by Frederick Stroppel

At a family affair, Connie has to contend with her husband Artie's advancing senility. Her struggle to keep a tight hold on his wandering mind is comically exasperating, but in a sudden revelation she discovers that their life paths are more similar than she suspected....

This is Claran's second directorial offering in the Forst Inn's Fringe Festival. Last year she directed *Edgar's Ghost* by Jim Liddle, an original gothic drama by a local playwright. Claran also most recently directed David Lindsay-Abaire's *Ripcord* for The Masquers, Inc., and *The Strange Case of Dr. Jekyll and Mr. Hyde* for The Royal Entourage Players. In addition to her directorial projects, Claran is the resident costume designer for the Forst Inn, The Masquers, and St. John's Players, and occasionally also takes a turn onstage, most recently as Ebeneezer Scrooge in The Forst Inn's *Mistletoe Musings Christmas Carol*.

### **APRIL 13, 2024**

OMAEQNOMENEWAK
WETOHKATIKAMEK CENTER,
KESHENA WISCONSIN



HOST DRUM WOLF RIVER SINGERS

HONORARIUM FOR INVITED DRUMS

MASTER OF CEREMONIES

Joey Awonohopay "Pakahcekaew"

ARENA DIRECTOR

Gary Besaw "Oskapewis"

HEAD VETERAN DANCER

Macky Pamonicutt "Naenawehtaw" U.S.M.C.

Vietnam

HEAD MALE DANCER

Robert Kaquatosh "Kake"

**HEAD FEMALE DANCER** 

Brianne Tepiew "Wāqsecewan"

**COLOR GUARD** 

Veterans of the Menominee Nation

WATER WALK, KESHENA FALLS 10:00 AM

ORALANN CALDWELL (715) 701-6991

GRAND ENTRY 1:00 PM

MAEC MICEHSWAN "GREAT FEAST" 5:00 PM



DRUG AND ALCOHOL FREE EVENT

ART VENDORS CONTACT • JEAN COX 715-799-3757 GENERAL INFORMATION • 715-799-5258

MENOMINEE TRIBAL HISTORIC PRESERVATION OFFICE

32ND ANNUAL



NAMAEW KEWAEMAKAT PIATAETUAQ "STURGEON COMING HOME"



# Did you know we have an independent book store in Two Rivers?

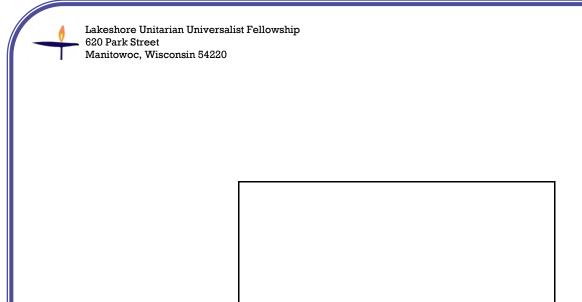
They will be celebrating their first year on April 27th.

Stop by and offer your congratulations and Support our Independent book stores.









### LAKE SHORE UNITARIAN UNIVERSALIST MISSION

As a welcoming and accepting, diverse and inquiring spiritual fellowship, We unite to create a community which stimulates a free exchange and Exploration of ideas, foster spiritual and intellectual growth, and serves as a base for active outreach to benefit the world around us.

#### AS UNITARIAN UNIVERSALISTS, WE AFFIRM AND PROMOTE THESE PRINCIPLES

The inherent worth and dignity of every person
Justice, equality and compassion in human relationships

Acceptance of one another and encouragement to spiritual growth in our congregations

A free and responsible search for truth and meaning

The right of conscience and the use of the democratic process

The goal of world community with peace, liberty and justice for all

Respect for the interdependent web of all existence of which we are a part

We affirm and promote journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions."

