LAKESHORE

UNITARIAN

UNIVERSALIST

FELLOWSHIP



MARCH 2018

NEWSLETTER

MARCH SERVICE



SERVICES: SUNDAY 10:00 A.M

620 PARK STREET, MANITOWOC, WI 54220, PHONE: (920) 686-0643

Email: luuf.parkstreet@gmail.com

Website: www.lakeshoreuufellowship.org

Facebook: Lakeshore Unitarian Universalist Fellowship

LUUF CHALICE YAHOO EMAIL GROUP

To Subscribe: www.groups.yahoo.com/ neo/groups/LUUFChalice/info

Unsubscribe: <u>luufchalice-</u> unsubscribe@yahoogroups.com

LUUF LAY MINISTERS

Linda Hunter huntel@comcast.net

Erica Strauss erica.h.strauss@gmail.com

LUUF BOARD

President:	Erica Strauss
V. President:	Cecilia Held
Treasurer:	Kathleen Bernhart
Secretary:	Nancy Lodl
Members at Large:	

Jim Everett Jim Hollahan Ginny Finnel

MARCH 4

"Right from the start: Why we should work harder to rear non-sexist children" Catherine Leone

The ongoing torrent of revelations of sexual harassment in business, industry and government has occasioned many proposals about how to stem it, especially calls to put more women in positions of power and to mandate sexual harassment training in workplaces. Clearly,

legal and structural changes in the work place are necessary.

Dr. Leone is a retired professor of anthropology and sociology from the University of Wisconsin-Manitowoc.

MARCH 11

"Sandpaper People" Rev. Leah Hart-Landsberg

"Some people just seem to rub us raw, maybe for an obvious reason or perhaps due to no discernible cause. What's the best way to handle those to whom we seem to have instinctive resistance? Do we simply grit our teeth and try to survive them or is engagement advisable? It's even possible that difficult folks, sometimes known as sandpaper people, could be revealed to be meaningful spiritual teachers in disguise."

The Rev. Leah Hart-Landsberg has served the Fox Valley UU Fellowship in Appleton since 2012. A graduate of Starr King School for the Ministry in California, she's originally from Oregon and has served congregations in California, New Jersey and Florida before arriving in Wisconsin. She is a life long Jewish Unitarian Universalist. Leah lives with her spouse Amy and their four children, cat, and beta fish. She has been honored to preach here before, enjoys encountering its members in various ways in the greater community, and is excited to return for this service.

MARCH 18

"Covenant" Arthur Thexton

The archetype for covenant in our heritage is what happened at Mt. Sinai during the 40 years the Hebrews wandered in the desert after escaping Egypt. What might LUUF take from this spiritual journey and event, as you develop your new covenant?

Arthur has spoken to our fellowship for several years. He was seminary trained, but became a lawyer. He always brings a new perspective.

MARCH 25

"Recognizing the Limits to Economic Growth" Jim Carpenter

Past civilizations have grown and collapsed. The current global economy is on a path towards collapse if it continues to grow beyond the ecological carrying capacity of the planet.

We need to establish a non-growing economy where population stops increasing and per capita consumption is sufficient but not excessive. An economy without GDP growth can achieve both a comfortable standard of living and ecological sustainability.

Jim teaches Social Sciences at Milwaukee Area Technical College.

Save a tree, save paper, save money Sign up to receive your LUUF newsletter electronically

Email Kim Everett at kimeverett60@gmail.com

LUUF Chalice Yahoo group subscription

https://groups.yahoo.com/neo/groups/LUUFChalice/info To unsubscribe luufchalice-unsubscribe@yahoogroups.com

On the cusp of spring From Erica Strauss—Board President

And now for the "mud season," which may be mud-luscious and puddle-wonderful, as e. e. cummings insists, but in these climes offers plenty of ice, too, to trip us up. Bill and I have been braving the ice more often, as we are the adoptive parents of a new beagle-y sort of dog, Larry—very friendly and very high energy. (Any and all training tips gratefully accepted!)

Through the snows of winter, the board has been learning more about covenants and covenanting from two webinars offered by our UUA MidAmerica Region—Covenants 101 and Why Covenants Fail. Both webinars have given us food for thought and reasons to reexamine our own board covenant and think about how we might want to revise it. Thanks are due to Jim Hollahan, who has taken a first crack at revising.

Unitarian Universalism is a noncreedal religion but has been referred to as a "covenantal religion." That is, we're a religion based on promises we make to each other. If you read the text of our statement of principles, they are prefaced by the language of covenant. The covenants of individual fellowships flesh out those principles with particulars about how we will live those principles in our interactions with each other.

In related work, the board has been reading Josh Lederer's *Little Book of Conflict Transformation* and thinking through how we want to respond to conflict situations or disruptive behavior. And, no, we have no current issues, which, as I have mentioned before, makes this the best time to develop policies and procedures. We are also making plans to provide initial training for new lay ministers, who will be inducted at the Flower Communion service in May. Later in the year, the Rev. Leah Hart-Landsberg of the Fox Valley UU Fellowship has agreed to conduct a full-day training in compassionate listening for our lay ministry team.

Jim Hollahan is taking the lead on exploring resources offered by our relatively new regional office and the possibility of bringing in a regional consultant to work with us on revisiting/realizing the strategic plan developed several years ago. At least two board members are planning to attend the combined regional/ national General Assembly in Kansas City, Kansas in June, and these activities will help us make good choices among the 100-plus workshops offered there. If anyone from the congregation is interested in attending, please let a board member know.

Board meetings have not been held at the Fellowship since January because Jim Hollahan and I have had to be brought in via Zoom—a distance meeting app requiring an internet connection. We will resume meeting at the Fellowship in May, when Jim will be back from sunny North Carolina.

<u>The next Board Meeting</u> will be held in <u>Thursday, March 8, at 2:00pm, at Ginny Finnels home, 119 Riverwod Dr, Mishicot</u>. As always, if you have any issues you would like addressed or would like to attend a meeting, please let a member of the board know. All are welcome to attend board meetings. In the spirit of transparency— Minutes of past board meetings are filed in the library.

LAKESHORE UNITARIAN UNIVERSALIST (LUUF) LAY MINISTRY

Theologically, LUUF Lay Ministers are as diverse as Unitarian Universalist – among our Lay Ministry you will find a variety of spiritual perspectives and beliefs about the sacred.

LUUF Lay Minsters are committed to serving all Fellowship members and friends, with the utmost of compassion and discretion. If you're in need of a good listener, connection, support and/or resources inside, or outside our Fellowship, in times of illness, or another of life's challenges, or to officiate at dedications, weddings, or funerals, please don't hesitate to contact any of the following LUUF Lay Ministers:

Linda Hunter huntel@comcast.net or Erica Strauss erica.h.strauss@gmail.com

GRATITUDE, A Reason to Pledge

At the Sunday, February, 18, LUUF service, "Side With Love" featuring a rousing if reduced LUUF Women's Song Circle, I had the privilege to address the membership as a Board member. My purpose was to remind folks that we are approaching the time when we will be asked to PLEDGE not only our financial support but also our commitment as to how we keep OUR Fellowship functioning. There will soon be the letter requesting that response and also the Annual Meeting.

The second purpose was to specifically thank the members for all the ways that each member and friend of the Fellowship make us a community. In my previous life working in the not for profit arena, I went to many workshops on how to do effective fund raising; all of which emphasized that for every contribution of any kind, there should be seven thank yous and in seven different ways. To begin that gratitude process, I choose to focus on the committees published weekly in the Service Guide noting that many members are on several and individually said **THANK YOU!**

There are also many other ways folks serve, which are not published in the weekly Service Guide each week, THANK YOU!

HERE ARE SOME:

Jean who now delivers the Service Guides to the Fellowship weekly, THANK YOU!

AND for the offerings during the Joys and Concerns Section, THANK YOU!

When folks need some emotional or physical support, a hospital visit, meal prepared, grocery shopping, a ride, **THANK YOU!**

AND Announcements of coming events, **THANK YOU** for letting us know what is happening and **THANK YOU** for participating not only here, but also the larger community.

AND the folks who just decide it is time to begin washing coffee cups after the service, THANK YOU!

OR prepare something for the Coffee Hour, pick up the garbage or wash the table cloths, THANK YOU!

AND Joel, who keeps the books and Kathy who prepares from those books, a report for the Board, **THANK YOU!**

AND Kathie, who checks our building at least weekly and managed the complete repairs following the flood, **THANK YOU!**

AND the LUUF Women's Song Circle who keep us jiving, **THANK YOU** and the other musicians who bring the Service a beginning, middle and end song, Linda and Joy, **THANK YOU!**

AND to the folks who deliver perennials to the Meditation Garden and others who plant Garden Art, **THANK YOU!**

AND to the several tech guru's who keep the machines running, sound and video working and the Chalice, Newsletters and Facebook updated, Ron, Kim, Ginny and Linda, **THANK YOU!**

I, personally have been a recipient of many of the extras this Fellowship has offered. I am betting you have, too, **THANK YOU!**

I know I have missed areas. Please add to the list any message of gratitude you would like to share. Maybe we could have a spot in the Newsletter where Thanks/Gratitude could be added.

So, I hope you get that the Board and this community of fellow UU's are truly grateful. It is for these reasons we PLEDGE continued support.

Sincerely, Ceil, Vice President

COVENANTS, a Reason to Promise

During that same service, on February 18, I took some time to offer an update about what the LUUF Board has been up to.

One issue we have been discussing, for some time and at great length, is the concept of a covenant, to be created specifically for our fellowship.

Many other UU congregations have established covenants, often referred to as "Covenant of Right Relations" and we think it would be good for our fellowship to do so also. But that will be for the congregation, as a whole, to decide eventually.

However, before asking all of you to consider whether our fellowship should establish a covenant, we members of the Board have decided to go through the process ourselves, creating and committing to a Covenant for current and future board members. In that way we will have experience with the process and will be better informed when we ask all of you to consider creating a Covenant for the fellowship as a whole.

A Covenant is a promise and the Board's promise is all about how we will behave with each other. A wider reaching covenant, developed for the congregation would be about promising how we pledge to behave with each other, with visitors, and with our community.

You may be asking yourselves, as some of us did, why do we need a Covenant when we already have our seven principles, which are supposed to define how we will be in the world.

A Covenant would be built upon the 7 principles, but would be much more specific.

In the principles we agree to honor

The inherent worth and dignity of every person Justice, equity and compassion in human relations Acceptance of one another and encouragement to spiritual growth in our congregation Respect for the interdependent web of all existence.

A covenant would be intended to define exactly how our behavior would honor these principles. How do we show respect for others? How do we accept and encourage each other? in the end, it holds us to a high standard of behavior than we may otherwise have.

Some examples of more specific language that the board will be including in our covenant are: We listen attentively, intentionally and compassionately without unnecessary interruption and speak in a way that honors the worth and dignity of each person, allowing everyone an opportunity to speak.

A Covenant for our congregation might include language such as: we work to foster a multicultural, multigenerational, and inclusive faith community that welcomes and honors everyone, we advocate broadly for inclusion and specifically for marginalized groups in the wider communities of which we are a part.

As part of the Board's process, members have been attending webinars offered by UUA's Midwest Region and have found those webinars to be quite helpful. The first was entitled "Covenants 101" and the Second "Why Covenants Fail". Although the live webinars have concluded, they were recorded and can be viewed on-line by searching for them at

https://www.midamericauua.org/events/webinars/monthcalendar/2018/2.

If you are interested in learning more about these issue, I highly recommend watching the recorded video of the webinars. Of course, please do reach out to any Board member if you have questions or concerns. As always, the Board members names are listed on the back of the Announcements included with our weekly Order of Service.

Ginny Finnel, Board Member at Large

LUUF NEWSLETTER

MARCH 2018



"Thanks for shepherding Us"

"Shepherding" greeters? I think not. For there's no timidity Among this lot.

No ovine traits Can be detected No matter how Thoroughly inspected.

No ewes, no rams, No wooly boogers here, No wayward lambs tis overtly clear. No baaing, nor bleating.

> No assignment Gone unheeded, No border collie Here is needed.

Greeting in a way, I believe akin, And I freely say, To the smoothest lanolin.

GLOBE

"GREEN TIPS"

March 4^{TH} :

Let's start the month with some good news! Much of the plastic that ends up in our oceans is from those nasty rings that hold soda and beer cans. Saltwater Brewery in Florida has created a six-pack ring that FEEDS animals instead of killing them. They take barley and wheat left-overs from the brewing process and turned them into an edible, compostable, biodegradable product that holds together a six-pack but doesn't harm birds or sea life if it ends up in the ocean. We can help as well by encouraging other breweries to stop using Earth-unfriendly plastic rings. For a short, very informative video go to *vimeo.com/165947724*.

March 11TH:

This time of year we look forward to Spring, when we can fling open our windows to bring fresh air into homes which have been closed up against the chill of winter. Since the weather is still too inclement to do that, we may be tempted to use chemical air fresheners which can be harmful to the indoor *and* outdoor environment. Consider instead using houseplants--depending on the species, one plant can provide effective cleaning for every 100 square feet of space. Google "houseplants for indoor air quality" for details. *One caveat: before bringing plants into your home, check to be sure your chosen species is not harmful to your pets.*

March 18TH:

This year's theme for World Water Day is "Nature for Water", exploring nature-based solutions to the water challenges we face in the 21st century. Wherever you are and whatever you do on Thursday, March 22nd, give some thought to learning more about how each of us can help alleviate threats to our vital and endangered fresh water supply. Good place to start: *worldwa-terday.org/stories* offers a great learning experience on how nature protects our global water resources. If you scroll down this page to "Drowning in Pollution" you'll learn about one of the greatest causes of water shortage.

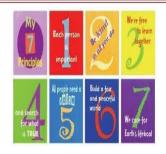
March 25th:

Here's a tip for your health and Mother Nature's as well: "If You Can't Pronounce It, Wouldn't Eat It, Or Don't Know What It Is--Don't Buy It!" We're talking here about skin products. Many of the chemicals that are used for body care products have been shown to cause chronic illness, even cancer. And of course, when we wash these products off, guess where the chemicals go? Yep, down the drain to contaminate our lakes, rivers, and oceans.

Submitted by Judi Northen, Chair GLOBE Environment Committee

LUUF NEWSLETTER

MARCH 2018



CHILDREN'S ENRICHMENT Calling All Children

The Children's Religious Education Program.

The 2018 sessions will be based one of the 7 UU principle's and will include a story and a short projects.

The program is open to all children ages 4—10 years of age and continues through May. Infant and toddler care will also be provided.



Don't Forget!

Circle Suppers Breakfast, Brunch or Lunch!

We're seeking HOSTS for the Fellowship's Circle Supper, breakfast, brunch, or Lunch

These suppers are simple and fun! A potluck at your home, or a gathering at a restaurant. You could even host at the Fellowship kitchen.

Host choice, lunch, or dinner, weekend, or weekday! If you'd like to serve adult beverages, such as wine or beer, with a meal you're hosting at the Fellowship, please obtain board approval.



More than tea & toast

First Saturday, Breakfast Club, April 1st , Dali's Café 9am. First Saturday of every month. Join us for breakfast and conversation.

No need to sign up, just show up!

Don't forget!

Woman's Song Circle

Share your creative energy and joy of woman-hood.

You are welcome to bring your songs, poems, meditations.

For more information or dates we will meet please contact.

Bev at 920-693-8941 or email <u>circleofsong@tds.net</u>

Sunday Meditation 3:30pm

Recathe it is



Jean and Sandy will have the spring renewal meditation retreat on Wednesday, March 14th, 10:00. Participants will be guided in a quiet morning of silent reflection, meditation (Centering Prayer) and journaling practices. Lunch will be shared afterward at a nearby restaurant.



Let the Games Begin!

First Tuesday of each month March 6 April 3 May 1 June 5

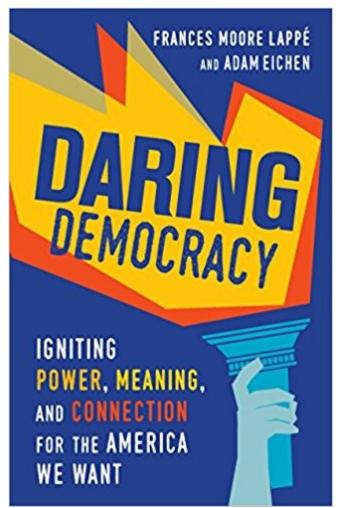
6:30pm-8:30pm

At the Fellowship, upstairs in the kitchen.

Bring snack and beverage

No need to be a member, all are welcome!

THE UU COMMON READ



The first meeting will be Monday, April 9, 3:00. Kathie will query fellowship as to interest so books can be ordered. The group will decide at the first meeting when to schedule the rest of the sessions.

The challenges, the call, and the opportunity of this moment in Unitarian Universalism and in the broader US American society are compelling. Unitarian Universalists must be prepared and willing to look inward, examining, exploring, and acting to dismantle white supremacy culture in our association, in our congregations and groups, and in ourselves. At the same time, we must be prepared and willing to look outward and act to lift up Unitarian Universalist values in the political and civic challenges of our time.

Daring Democracy: Igniting Power, Meaning, and Connection for the America We Want, by Frances Moore Lappé and Adam Eichen, (Beacon Press, 2017) lifts up the importance of democracy itself. It examines the antidemocracy movement that has led to the Trump presidency, then offers a vision and call to action to save our democracy and to take our civic life to a place it has never been. For more information about UU Common Reads, visit https://www.uua.org/books/read

INTRCH 2018 INTRCH 2018

Kathie has been meeting at the fellowship Mondays at 1:00. The primary goal is to learn how to talk with those with different opinions and stances. She welcomes others to join her every week. Issues from the Great Decisions series can be discussed as well.

Nancy Horvath will facilitate a group discussion on Saturday, March 10, 10:00 at the fellowship on "Respectful Listening." Judy will post a sign-up sheet, and the announcement below will be made on UUChalice and at service. Nancy asks the group be limited to 6 people. Participants are welcome to join each other for lunch afterward at a nearby restaurant.

Nancy Horvath will lead a discussion group for us on the topic of "respectful listening" and the work of Dr. Robert Wicks on Saturday, March 10th at 10:00 AM at LUUF. Using journaling, periods of quiet/ meditation, and group discussion, up to six participants will reflect on:

•learning how to listen to others in a group;

•responding to the "secondary stress" we may feel because of the current political scene (on any number of issues;

•self-care and coping with stress;

•understanding our own limits;

•self-awareness, self-understanding, and self-acceptance.

Nancy expects we'll spend about an hour and a half together, and participants can decide if they want to meet again.

Coffee and snacks will be provided. Contact Judy with any questions- 683-0347.

A sign-up sheet has been posted in the coat room. Currently full

"Human Trafficking Awareness" Sunday, April 8th 5 pm



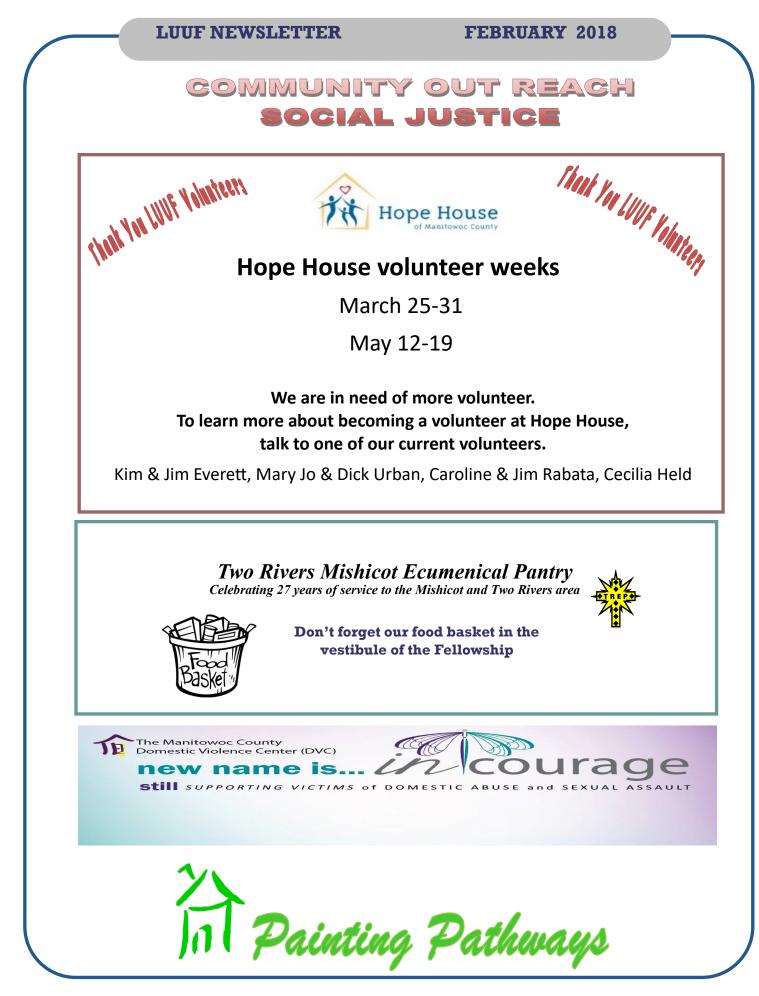


United Way Manitowoc County, Inc. and Get Reel Cinemas present a 4- PART PUBLIC AWARENESS SERIES.

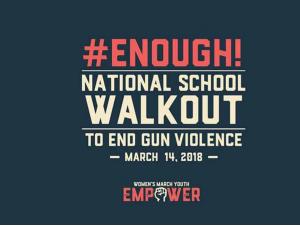
April is Sexual Assault Awareness month. Presented by 5 Stones & In Courage (Manitowoc County's Domestic Violence Shelter and Sexual Assault Resource Center and one of LUUF's outreach organizations).

Get Reel Cinemas will have their concessions open at each presentation. A percentage of sales will be donated to United Way Manitowoc County. For more information, call United Way Manitowoc County at (920) 682-8888

Visit Incourage Facebook page for more information, and to sign up.https://www.facebook.com/events/1543405155757711/



COMMUNITY EVENTS



Manitowoc Human Rights Coalition is planning to participate in the March 14 national school walkout, to end gun violence. A meeting is planned for Wednesday, March 7th, at 6:00 at Jenn's Java, to plan for the event. Many members and friends of LUUF helped organize this group and participate in events locally and across the state. This is a good time to get involved, and help stop gun violence. For more information visit their Facebook page at: https://www.facebook.com/groups/980889572044068/



Conventional journalism now competes with user-generated content. Official channels of communication can be circumvented through social media. Foreign policy is tweeted from the White House and "fake news" has entered the zeitgeist. Cyberwarfare, hacking, and misinformation pose complex security threats. How are actors using media to pursue and defend their interests in the international arena? What are the implications for U.S. policy?

Create Tomorrow

Manitowoc Public Library Foundation 2018 Fundraising Gala for the First Floor Redesign at Manitowoc Public Library

Saturday, March 10, 6-10 pm

Tickets: \$100 Your ticket includes:

Aerial Dance Performance by Cycropia Acoustic Performance by The Belle Weather Mural Reveal by Erin LaBonte and David Carpenter Barbershop Quartet Performance – A Touch of Harmony A Glimpse of Our Vision for Your Future Library Elevated Appetizers from CNC Links

Beverages from PetSkull Brewing, Ryan's On York & Legacy Brands

Additional Features This Evening

Wine Lottery An Auction of Spectacular Experiences

To Purchase Tickets, Become a Sponsor or Learn More About the First Floor Redesign, Visit: www.manitowoclibrary.org/gala





anitowoc

blic library



Lakeshore Balloon Glow · Petskull Brewery · Ryan's On York · Legacy Brands Investors Community Bank • Shoreline Credit Union • French Creek Café & Bakery Lakeshore Unitarian Universalist Fellowship 620 Park Street Manitowoc, Wisconsin 54220



LAKE SHORE UNITARIAN UNIVERSALIST MISSION

As a welcoming and accepting, diverse and inquiring spiritual fellowship, We unite to create a community which stimulates a free exchange and Exploration of ideas, foster spiritual and intellectual growth, and serves as a base for active outreach to benefit the world around us.

AS UNITARIAN UNIVERSALISTS, WE AFFIRM AND PROMOTE THESE PRINCIPLES

The inherent worth and dignity of every person

Justice, equality and compassion in human relationships

Acceptance of one another and encouragement to spiritual growth in our congregations

A free and responsible search for truth and meaning

The right of conscience and the use of the democratic process

The goal of world community with peace, liberty and justice for all

Respect for the interdependent web of all existence of which we are a part

PEACE TO ALL

