



# LAKESHORE UNITARIAN UNIVERSALIST FELLOWSHIP

*A welcoming and accepting, diverse and inquiring spiritual fellowship*

## N O V E M B E R 2 0 1 8



**SERVICES: SUNDAY 10:00 A.M**

620 PARK STREET,  
MANITOWOC, WI 54220,  
PHONE: (920) 686-0643

**Email:** [luuf.parkstreet@gmail.com](mailto:luuf.parkstreet@gmail.com)

**Website:** [www.lakeshoreuufellowship.org](http://www.lakeshoreuufellowship.org)

**Facebook:** Lakeshore Unitarian  
Universalist Fellowship

### LUUF LAY MINISTERS

Linda Hunter  
[huntel@comcast.net](mailto:huntel@comcast.net)

Erica Strauss  
[erica.h.strauss@gmail.com](mailto:erica.h.strauss@gmail.com)

Ginny Fimmel  
[amanuensis\\_vlf@yahoo.com](mailto:amanuensis_vlf@yahoo.com)

Jim Hollahan  
[jim.hollahan@gmail.com](mailto:jim.hollahan@gmail.com)

### LUUF BOARD

President: Erica Strauss  
V. President: Cecilia Held  
Treasurer: Kathleen Bernhart  
Secretary: Nancy Lodl  
Members at Large:

Jim Everett  
Jim Hollahan  
Ginny Fimmel

Save

### NOVEMBER 4

#### “Strangers in a Strange Land”

**Rev. Tony Larsen**

“No, Tony's sermon will not be about the Robert Heinlein novel by that title, but about what it feels like to come to Earth from a different planet. (Haven't we all felt that way at times?)”

Rev. Larsen is a retired UU minister who was at Olympia Brown Unitarian Universalist Church for over 41 years.

### NOVEMBER 11

#### “A Lighthouse in the Community”

**Chrisma Rusch**

Chrisma is the director of the new Lighthouse Recovery Community Center funded by a federal grant. It has an open advocacy of recovery, in contrast to the 12 Step tradition of anonymity.

It provides coaching support for anyone who has an opioid addition whether self-reported or recorded by hospital staff.

The Wisconsin Recovery Community Organization embraces all pathways to recovery and supports all individuals impacted by the disease of addiction through education and coaching, programming, referrals, and advocacy. She will tell us about the specific services offered locally.

### NOVEMBER 18

#### The Sixth Source: Earth-Centered Religions”

**Arthur Thexton**

Arthur will look at the sixth source (earth centered religions) and its relationship to our seventh principle (the interdependent web).

Email Kim Everett at [kimeverett60@gmail.com](mailto:kimeverett60@gmail.com)

“What is our religious connection to nature, in this season of hibernation, this age of global climate change?”

Arthur is one of our regular speakers. He is seminary trained, and he is a lawyer and lay-minister.

### NOVEMBER 25

#### “A Walk in Beauty: A Look at Native American Art”

Art work by Native American artists, both past and present, is a vibrant part of our American Culture. As diverse and unique as the tribes themselves, art objects created by native artisans employ a wide range of media including pottery, weaving silver smithing, bead work, embroidery, basketmaking and woodcarving. Often inspired by nature, these artists are superb designers and craftspeople. We can all be inspired by their work.

“You, whose day it is,  
Make it beautiful.

Get out your rainbow colors,  
So it will be beautiful.”

A Nootka Indian song

Mary Tooley is an art educator for twenty years at a creative art school. Then she started Art in a Suitcase which she takes all over the state.

Pot-luck and collection for InCourage



**November 6**

**LUUF Chalice Yahoo group subscription**

<https://groups.yahoo.com/neo/groups/LUUFChalice/info> To unsubscribe [luufchalice-unsubscribe@yahoogroups.com](mailto:luufchalice-unsubscribe@yahoogroups.com)

## Hello and Goodbye!

Bill and I are now back from a visit with his California/Oregon siblings and enjoying the crisp mornings and red and golden fall colors around our home and the Fellowship. But not for long. We're off again on the 31<sup>st</sup> for a trip to Italy with Jim and Kim Everett and just get back to pack our bags for Thanksgiving in Cincinnati. It's like that Beatles lyric, "I don't know why you say goodbye—I say hello," but maybe in reverse.

The board met on October 3 and will meet again at 1:00 pm on Monday, October 29. We will not meet in November but will resume meeting on the first Wednesday in December, the 5<sup>th</sup>, at 1:00 pm. As usual, you are welcome to attend any meeting and to submit items for discussion by the board.

At our last meeting we approved new policies on conflict and on disruptive behavior. These policies draw on the covenant we adopted for the board—as well as templates from the UUA site—and are expected to work in tandem with the covenant that the congregation will develop next year. A copy of these policies will be filed in the library. Just to reiterate, the congregational covenant will come from all of you and will reflect your shared convictions about how you wish to live your UU principles in community. We have recruited a planning group that will be responsible for guiding the congregation in this work.

At the last board meeting, we also approved Jim Hollahan and Ginny Finnel as our two new lay ministers, bringing the number to four. Lay ministers are authorized to perform weddings, funerals, and baby dedications; but we are primarily a listening ministry. If you have a need for support, feel free to contact any one of our lay ministers to arrange a meeting. Contact information is listed each week in the order of service and monthly in this newsletter.

As a final task for the waning year, the board begin the work of revising and updating the descriptions of board positions. Right now, descriptions appear only in the organizational chart and are quite abbreviated. They have not been revised recently and are therefore also inaccurate in some respects. To my mind, it would help us in recruiting leadership if descriptions gave potential board members a clear understanding of both the expectations and the limits of these roles. We'll keep you posted on our progress.

Erica

**The next Board Meeting** will be held on **Wednesday, October 29 and December 5 at 1pm , in the Fellowship.** As always, if you have any issues you would like addressed or would like to attend a meeting, please let a member of the board know. All are welcome to attend board meetings. In the spirit of transparency— Minutes of past board meetings are filed in the library.

## LAKESHORE UNITARIAN UNIVERSALIST (LUUF) LAY MINISTRY

*Theologically, LUUF Lay Ministers are as diverse as Unitarian Universalist – among our Lay Ministry you will find a variety of spiritual perspectives and beliefs about the sacred.*

*LUUF Lay Ministers are committed to serving all Fellowship members and friends, with the utmost of compassion and discretion. If you're in need of a good listener, connection, support and/or resources inside, or outside our Fellowship, in times of illness, or another of life's challenges, or to officiate at dedications, weddings, or funerals, please don't hesitate to contact any of the following LUUF Lay Ministers:*

*Linda Hunter [huntel@comcast.net](mailto:huntel@comcast.net) or Erica Strauss [erica.h.strauss@gmail.com](mailto:erica.h.strauss@gmail.com)*



**Multigenerational worship is designed to engage all ages, from babies to elders, in a shared experience of spiritual growth.**

**Please join us in service, all ages, all welcome.**

**For our youngest activity bags, full of fun and entertaining things to do during service will be provided.**

**Rocking chairs to sooth, or quiet space to calm, your children are welcome into our beloved community**

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**Report on the October Wisconsin Unitarian Universalist Social Action Network (WUUSAN)**

**October Meeting**

In May the Fellowship voted to continue being a part of the group forming a state-wide Social Action Network. This network will make it possible to respond to issues of concern as a larger unit.

The October meeting focused on the agenda for the November 10 workshop in Steven’s Point. Scott Aaseng from UU Network in Iowa will lead the meeting.

Topics decided on were:

How set up a Communication Network between congregations.

Where is main leadership typically centered?

How are issues chosen?

Budget concerns.

What is the typical governing structure of a social action network?

I will be attending and will keep you updated. Please let me know if you have suggestions or concerns.

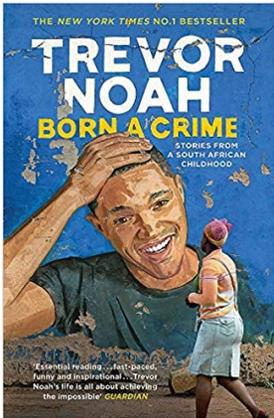
Kathy Bernhart



**Woman's Song Circle**  
 Share your creative energy and joy of woman-hood.  
 You are welcome to bring your songs, poems, meditations.  
 For more information or dates we will meet please contact.  
 Bev at 920-693-8941 or

**Silent Meditation  
 Reflective Journaling  
 with  
 Sandy Bast & Jean Biegun**

**December 12  
 10:00am  
 Lunch out afterwards**



Book Discussion group,  
 after morning coffee  
 December 9

**Born a Crime  
 by Trevor Noah**

Available in paperback and Kindle  
 Also available at the  
 Manitowoc library



**Kathie Fishbeck will re-  
 sume the weekly discus-  
 sion  
 program on Civil Dis-  
 course.**

**Reflective Listening  
 December 5 10:00am**

A small gathering to share from our deeper selves, to hear ourselves and one another more gently and respectfully.

Nancy Horvath will facilitate our practice of  
**Respectful Listening.**

The principles and practices she shares



There's still a few "Side with Love" T-shirts and sweatshirts available. Please check with Kathy Bernhart or Kim Everett to see if one is available in your size. Style and size varies, but maybe you'll get lucky and one is still available in your size.



More than tea & toast

**Don't forget!**  
**Saturday, Breakfast Club,**  
**November 3rd ~ Dali's Café 9am.**

First Saturday of every month.  
 Join us for breakfast and conversation.  
 No need to sign up, just show up!



**Join Jim & Jennifer Hollahan for**

**Circle Supper Fiesta**

**Casa Mexico**  
**Two Rivers**  
**November 7**

**Sign up sheet in the coat room of**  
**the Fellowship**



**Don't Forget!**  
**Circle Suppers, breakfast,**  
**brunch or Lunch!**

We're seeking HOSTS for the Fellowship's Circle Supper, breakfast, brunch, or Lunch in March, April, or May!

First Saturday of each month, join the Breakfast Club, at Dali's Café, at 8th & York. Informal, no need to reserve your space, just show up and enjoy breakfast with friends.

**These suppers are simple and fun!**  
 A potluck at a host's home, or a gathering at a restaurant. Host choice, lunch, or dinner, weekend, or weekday! Home, or favorite restaurant.

Circle Suppers are a great way to get to know Fellowship friends. For the potluck meals, in guests homes, participants coordinate with their host on what to bring. For a restaurant dinner, hosts choice, participants pay for their own meals. It is recommended that a Circle Supper include 6-10 people, to contribute to good conversation over a shared meal. It does not have to be an even number, 7 works too!

We're organizing it a little different—you'll find Circle Supper sign up sheets in the vestibule of the Fellowship. Anyone interested in hosting, fill in the host section of the sign up sheet, date time and pot-luck or restaurant, feel free to announce you're hosting during the service announcements, and guests will sign up. **Super Simple, Circle Suppers!**

Contact Kim Everett, or adult activities committee, for questions, or to include your Circle Supper in the newsletter.

**Friendly Fellowship**  
**around Good Food!**

**Sunday Evening**  
**Meditation**  
**6:30pm**



*Sources of Our Faith*

INSPIRATIONAL READINGS

KATHLEEN BOESING, EDITOR

*Unitarian Universalist*

*Sources of Faith*

*Sharing/reflection group will meet 1st Sunday of each month, after coffee, see you;*

*November 4th*

*Several copies of the book have been ordered, see Jean Biegun, if you're interested in participating.*

*Some preparation for each session is expected.*

**The living tradition we share draws from many sources. This collection of inspirational readings from many cultures and times provides a felt sense of the six Sources of Unitarian Universalism. Organized by Source, and introduced with thoughtful essays from the editor, these readings are ideal for use in worship or for personal reflection.**

# GLOBE

## Green Living On Behalf of the Earth Green Tips



### GREEN TIPS November, 2018

#### November 4

This month, with the exception of November 18<sup>th</sup>, Green Tips will be focused on ways to help mitigate the effects of climate change. On the 18<sup>th</sup> we'll give you ways to "green up" your Thanksgiving. Today's tips relate to increasing the sustainability of your commutes to work, shopping, and friends. **Reduce CO2 emissions** by ride sharing or car pooling, using your bicycle or public transportation, or ask your boss if you can work from home a couple days each week—all these methods can enable you to leave your car at home.

#### November 11

1. Fossil Fuels Must Go. In the documentary Before the Flood, Leonardo DiCaprio reminds us that there are no such things as "clean fossil fuels". If you can choose alternative energy, by all means do so, and at election time make your vote count by backing candidates who support alternative energy. Looking to replace the family car? Avoid buying one that is larger than you need, look for fuel efficiency, or consider a hybrid. 2. Appliances and Electronic Equipment on Standby increase our carbon footprint. Avoid leaving devices on "Stand-by"—turn the power off when they are not in use.

#### November 18

Eco-friendly tips for Thanksgiving: Use the good dishes and cloth napkins. Disposable dishes and plastic utensils create a ton of waste. Another good idea is to **take a look at your energy use**. If you have several dishes that need to be in the oven at the same temperature, put them in at the same time to **reduce energy use**. **Shop local and organic**. Why not pay your local farmer a visit? Buying **local and sustainable** food can help create jobs and grow our rural and urban economies, preserve farmland and improve the environment

#### November 25

In this season of giving and sharing, **Learn About How The Sharing Economy Can Help**. It allows everyone to buy a lot less stuff (share the bike, the car, space in your home or office). Producing, shipping, and storing less is good for the environment and so can reduce climate change impacts. Recommended reading:

***The Sharing Economy*** by Arun Sundararajan and ***Enough Is Enough*** by Ron Dietz and Dan O'Neill.

## PART 2 OF 2: A Unique and Potentially Powerful Movement: Transition Towns

Continuing from August with the second of two articles on the Transition movement, another type of grassroots action is the development of existing localities into resilient communities, called “Transition Towns”, which seek to mitigate converging global crises using home-grown, citizen-led education.

**TransitionUS.org (TUS)** is a national hub organization for the international Transition Towns movement of communities transitioning off fossil fuels, living in balance with resource limits, and building equity for all. Their mission is to catalyze and strengthen a national network of people-powered groups / initiatives engaged in building local community resilience.

Some of the **TUS** Guiding Principles

Positive Visioning

Inclusion and Openness Among Participants

Sharing and Networking

Inner and Outer Transition

Subsidiarity: self-organization and decision making

Not all Transition initiatives involve entire communities. Here are some on a smaller scale:

**Emergency Preparedness:** as climate change impacts—such as record-breaking wildfires, hurricanes of unprecedented intensity, severe droughts and floods—affect our lives, there is a need for community citizens and neighbors to know what preparedness action steps to take in the event of such disasters.

**REconomy:** a model for creating local, low-carbon economies / businesses / retailers that foster and support community resilience in the face of economic instability and resource scarcity.

**Transition Streets:** brings neighbors together to implement simple household changes, turning fear into action & building community street by street.

**Hosting Training events** –TUS provides trainers for 2-day events in order to launch a new initiative

**TransitionUS** aims to accomplish their mission by inspiring, encouraging, supporting, networking and training individuals and their communities as they consider, adopt, adapt, and implement the Transition approach to community empowerment and change.

Can you envision a future containing a TransitionManitowoc or TransitionTwoRivers? It could happen!

*End Note: In the near future, G.L.O.B.E. would like to connect with people that may be interested in getting together to talk about the possibilities and options offered by the Transition movement. If you or anyone you know may be open to a discussion on this, please contact me. Thank You!*

Source: [transitionus.org/transition-town-movement](http://transitionus.org/transition-town-movement)

Further Information: [transitionus.org/initiatives](http://transitionus.org/initiatives)

[transitionus.org/transition-101](http://transitionus.org/transition-101)

*Respectfully submitted,  
Judi Northen*



If you'd like to participate in Hope House Volunteer opportunities, please

Call Volunteer coordinator at Hope House **(920) 686-1436**

To schedule a time to become familiar with Hope House and learn what's involved in becoming a volunteer

## Hope house wish list

Storage Totes

Cleaning Wipes

Pillows

For additional items, visit their website at:

<http://hopehousemc.org/wish-list/>

## Lakeshore UU Volunteer weeks

**Nov 25—Dec 1**

**Contact Nancy Slatterly at:  
[nancy\\_slattery@hotmail.com](mailto:nancy_slattery@hotmail.com)  
If you are available to volunteer.**

Check out Hope House facebook page for more information about upcoming events and happenings.

<https://www.facebook.com/hopehousemc/>



***Painting Pathways Club House Inc.***  
***Club House international registered.***

Painting Pathways Clubhouse empowers adults with diagnosed mental illness by building community, supporting recovery and changing lives.

<http://paintingpathways.org/>

<https://www.facebook.com/Painting-Pathways-Clubhouse-Inc-1612913832257735/>



*Two Rivers Mishicot Ecumenical Pantry*



**Don't forget our food basket in the vestibule of the Fellowship**



**Please drop off your non-perishables and they will be taken to TREP.**

**Pantry needs:**

Meals in a can, cereal, chili beans, baked beans, chicken noodle soup, soda crackers, tuna, macaroni and cheese, ramen noodles, jelly, peanut butter, packaged rice, or noodle meals, pasta and rice. Toilet paper, tooth paste, shampoo deodorant, bar soap, cleaning supplies and diapers.

Please drop your contributions in the coat room and they will be delivered to TREP.

**Volunteers needed:**

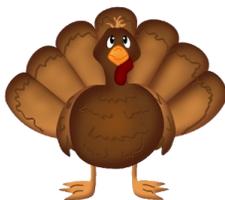
People to take clients around for food on Monday mornings from 8:00—noon. Or, Wednesday morning from 8:30—noon

Volunteers to drive the cube truck on Monday or Wednesday mornings. Heavy lifting involved, bring muscles.

Call TREP at: 793-5364 if interested.

**Coats for kids**

If you have a gently used coat, please take it to Cool City Cleaners to be cleaned free of charge, just tell them it's for TREP Coats for kids. Gently used snowpants or boots can be dropped off at TREP, or left with food collection bags in the coat room of the Fellowship



**TREP is collecting for turkey's for thanksgiving.**



The Manitowoc County  
Domestic Violence Center (DVC)



**new name is... in courage**  
still SUPPORTING VICTIMS of DOMESTIC ABUSE and SEXUAL ASSAULT

24/7 CRISIS LINE (920) 684-5770

EMAIL: [INCOURAGE@INCOURAGEWI.ORG](mailto:INCOURAGE@INCOURAGEWI.ORG)



**SHELTER ASSISTANT/CRISIS LINE:**

Answer the DV & SA crisis lines (training provided)  
Assist residents as needed in shelter with daily living skills  
Other volunteer opportunities:  
Restocking kitchen cupboards  
Organizing/cleaning  
Processing donations

**RECEPTIONIST/OFFICE WORK:**

Greet visitors (during daytime hours)  
Assist with clerical duties such as:  
Data entry  
Making copies  
Filing  
Preparing mailings  
Familiarity with Word and Excel a plus

**SPECIAL EVENTS/FUNDRAISING:**

Lend a hand at special events.  
Fundraisers.

**TRANSPORTATION:**

Assist in the transportation of clients to appointments in the community and other various destinations.  
Can use agency van or your insured vehicle

**MAINTENANCE/YARD WORK:**

Help with regular maintenance or yard work.  
Summer lawn mowing is always needed.

Mailings

For additional information about volunteering at inCourage, visit their website at:

<https://incouragewi.org/volunteer-page/> Or call 1-920-684-4661

Follow InCourage on [https://113065508711585/](https://www.facebook.com/InCourage-113065508711585/)



[www.facebook.com/InCourage-](https://www.facebook.com/InCourage-113065508711585/)



**of Manitowoc County, Men's Homeless Shelter**

[www.thehavenofmanitowoc.org](http://www.thehavenofmanitowoc.org)



<https://www.facebook.com/The-Haven-of-Manitowoc-County-119607058158558/>

## Things We Need

### Personal Items

- Bath Towels and Wash Cloths
- Body Wash
- Ear Swabs
- Jeans size 29-32 waist
- Lotion
- Nail Clippers
- rain ponchos w/ hoods
- steel toed boots all sizes
- sunscreen
- Underwear ( no briefs ) socks all sizes

### Food Items

- bottled water
- Butter
- charcoal and fluid for grilling
- cheese
- coffee creamer
- Coffee regular grind
- fruit juices
- Milk
- salad dressings
- Sugar

### Shelter Supplies

- 45-49 gallon black garbage bags
- air fresheners (glade, febreze )
- alcohol pads
- aluminum foil
- Batteries (all sizes)
- fans--prefer box style
- kitchen dishes, plates, cups, silverware
- Laundry Detergent
- light bulbs
- lysol disinfectant spray
- non latex gloves
- Paper Towel
- pots/pans,cooking utensils
- power strips
- Toilet Paper
- Y/Z vaccum bags
- Ziplock Freezer Bags

### Office Needs

- clear document protectors
- legal pads
- manila folders
- packaging tape
- post it notes
- printer paper 8 1/2 X 11
- Resume Paper
- used laptops

## The Haven Beauty Brigade, E-Waste Brigade, and Drink Pouch Brigade Recycling Fundraisers

### Beauty Brigade Recycling Info -

The Haven now collects used personal care packaging to send in for reimbursement.

#### Accepted waste includes:

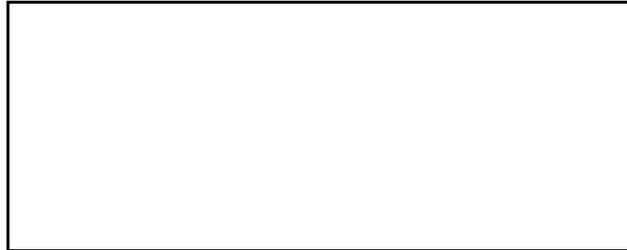
1. Hair care packaging such as shampoo bottles and caps, conditioner bottles and caps, hair gel tubes and caps, hair spray bottles and triggers, and hair paste plastic jars and caps.
2. Skin care packaging such as lip balm tubes, face soap dispensers and tubes, face lotion bottles, tubes, and plastic jars, body wash containers, soap tubes and dispensers, body lotion dispensers and bottles, shaving foam tubes (no cans), and hand lotion bottles and tubes.
3. Cosmetics packaging such as lipstick cases, lip gloss tubes, mascara tubes, eye shadow cases, bronzer cases, foundation packaging and bottles, powder cases, eyeliner cases, eyeliner pencils, eye shadow tubes, concealer tubes, concealer sticks, and lip liner pencils.

**Watch for a collection box in the coat room, coming soon.**

For E-Waste visit weblink and drop off at the Haven

[https://s3.amazonaws.com/tc-us-prod/download\\_resource/downloads/1898/E-Waste\\_Brigade\\_Accepted\\_Waste\\_Guide.pdf](https://s3.amazonaws.com/tc-us-prod/download_resource/downloads/1898/E-Waste_Brigade_Accepted_Waste_Guide.pdf)

Lakeshore Unitarian Universalist Fellowship  
620 Park Street  
Manitowoc, Wisconsin 54220



## LAKE SHORE UNITARIAN UNIVERSALIST MISSION

*As a welcoming and accepting, diverse and inquiring spiritual fellowship,  
We unite to create a community which stimulates a free exchange and  
Exploration of ideas, foster spiritual and intellectual growth, and  
serves as a base for active outreach to benefit the world around us.*

## AS UNITARIAN UNIVERSALISTS, WE AFFIRM AND PROMOTE THESE PRINCIPLES

The inherent worth and dignity of every person  
Justice, equality and compassion in human relationships  
Acceptance of one another and encouragement to spiritual growth in our congregations  
A free and responsible search for truth and meaning  
The right of conscience and the use of the democratic process  
The goal of world community with peace, liberty and justice for all  
Respect for the interdependent web of all existence of which we are a part

**PEACE TO ALL**





*Environmental Rights  
are Human Rights*

