LAKESHORE UNITARIAN UNIVERSALIST FELLOWSHIP

A welcoming and accepting, diverse and inquiring spiritual fellowship

MAY 2023 NEWSLETTER

SERVICES: SUNDAY 10:00 A.M

620 PARK STREET,
MANITOWOC, WI 54220
PHONE: (920) 686-0643

Email: luuf.parkstreet@gmail.com

Website: www.lakeshoreuufellowship.org

Facebook: Lakeshore Unitarian Universalist Fellowship

LUUF LAY MINISTERS

Linda Hunter
huntel@comcast.net

Erica Strauss
erica.h.strauss@gmail.com

Jim Hollahan
jim.hollahan@gmail.com

Ginny Finnel
amanuensis_vlf@yahoo.com

LUUF BOARD

President:	Kathleen Bernhart
V. President:	Dick Urban
Treasurer:	Kathie Fishbeck
Secretary:	Melody Hanson

Members at Large:
Sandy Bast
Mary Dean
Linda Wenzel

May 7

"Yes and…."

Karon Sandberg

I like to take improv comedy classes. I've studied at Second City and IO in Chicago. It's just for fun, I have no desire to be on stage professionally. Three tools of improv are being able to say "Yes, and", to accept that "There are no mistakes", and that on stage you should "Go where you are needed." Over time I marvelled at what great tools these could be for our lives. Join us as we explore how to creatively use the rules of Improv to better our daily lives.

Rev. Karon Sandberg is an ordained UU minister who her spent her ministry as a hospice chaplain. She marveled at the sacred lessons her dying patients taught her about how to live. Now in retirement she's working on a book about these lessons and speaking monthly at various UU congregations. She and her husband, Joel, are having fun hiking state and county parks, listening to live music in their community and marveling at how their adult children's lives are unfolding

May 14

"Living a Good Life: Finding Awe in the Creative Arts"

Carrie Arnold

Researchers tell us that the key to living a good life is regularly finding moments of awe. The Creative Arts especially provide a way into awe-filled experiences. We have been awestruck by a particular piece of art; our souls soar in tune with a particular piece of music or song; we get awesomely lost in books, movies, and poetry that resonate deep within. This service will be an opportunity to share what moves us, what inspires awe in us, to be way-pointers for each other. So bring your recollections, your recommendations, a piece of art, and of course a notebook and a pen to capture what you'd like to further explore from what we share.

Carrie has been a jail chaplain in Green Bay, hosts a house church, and is one of our regular speakers at LUUF.

This will be the last newsletter Newsletter will return in September. Please watch the Chalice Google Email Group and our Facebook page for items of interest over the summer months.

If you are not receiving the Chalice, please let Kim Everett or Giny Finnel know.

May service schedule

Continued on Pagae 2

Save a tree, save paper, save money Sign up to receive your LUUF newsletter electronically

Email Kim Everett at kimeverett60@gmail.com

LUUF Chalice Google group subscription

lakeshoreuuchalice@googlegroups.com To unsubscribe LakeshoreUUChalice+unsubscribe@googlegroups.com

May 21

Flower Communion

Mary Jo Urban

This year is the 100th anniversary of the first Flower Ceremony created by Unitarian minister Norbert Capek in Prague in 1923. Sometimes referred to as the Flower Communion, it is an annual ritual that celebrates beauty, human uniqueness, diversity, and community. Please bring a flower or two to share. We will leave with someone else's flower, as a gift of friendship and community. Our 6th principle, the goal of world community with peace, liberty, and justice for all, will be our essential focus. Please join us on May 21st!

Any flower will do. From your own yard, a stop at a flower shop or grocery store, a dandelion or favorite flower will do. If you forget, or can't get a flower, no need to be concerned, there are always plenty to share in community. Please feel free to take a flower, even if you have not brought your own.

May 28

"Do Be Do Be Do

"Tony Larsen

Is it more important to BE a certain kind of person? (And then the right deeds will follow?)

Or is it more important to DO the right thing? (And the right "being" will be created?)

It's based on the saying:

"To do is to be." ~Socrates

"To be is to do" ~Plato

"Do be do be do." ~Sinatra

Tony is a retired UU minister who served in Racine at Olympia Brown UU. He is a frequent speaker at LUUF.

Join Zoom service at:

https://zoom.us/j/98248790184

Greetings Dear Friends,

It has been a busy year for us, greeting new members and saying good-bye to dear friends as well as enjoyable community activities from planting wild rice to book club. We are approaching a new fiscal year as well as a long anticipated summer. The flower ceremony on May 21 is always beautiful and following that we will make plans for the 2023 –24 fiscal year which begins July 1, 2023. I certainly hope you all can make it to this Annual Meeting. Even if you are not a formal member, please stay to find out what is approved by the members and who the new board will be.

During our April Board meeting, we discussed having a special collection for people living in Ukraine. Several ideas came up and you will hear more about this. We want to do more than just light a candle each week. We also discussed the annual pledge drive (going very well, Thank You), use of the downstairs children's area by a local homeschool group to start in September, a change to the bylaws regarding the office of president, and volunteering to help stock shelves at TREP (Two Rivers Ecumenical Pantry).

At the May board meeting we will address: a service planning report regarding plans for the summer, the annual meeting, the final bylaws recommendations, the annual budget approval by the board, social action recommendations and the mailing that goes out to the fellowship prior to the meeting. As always you are welcome to attend and see how these things are decided. The LUUF Board will meet at 3 p.m. on Thursday, May 4th.

At our April meeting we talked about a concern voiced by a member about private-type conversations going out on the Chalice. We want to urge you to send an individual email if you need to respond to an issue. Send it directly to the people involved and do not hit the "reply" button. If you hit Reply, it goes out to everyone on the list! Even if you don't care if others read it, it fills up everyone's mailbox with unnecessary, and sometimes private, messages. You will find the senders email address in the Chalice email "from" box. Click that and reply. Should you need a new list of members and emails, let us know.

Hoping to see you all at the Annual Meeting if not before.

Kathy Bernhart

LAKESHORE UNITARIAN UNIVERSALIST (LUUF) LAY MINISTRY

Theologically, LUUF Lay Ministers are as diverse as Unitarian Universalist among our Lay Ministry you will find a variety of spiritual perspectives and beliefs about the sacred.

LUUF Lay Minsters are committed to serving all Fellowship members and friends, with the utmost of compassion and discretion. If you're in need of a good listener, connection, support and/or resources inside, or outside our Fellowship, in times of illness, or another of life's challenges, or to officiate at dedications, weddings, or funerals, ***please don't hesitate to contact any of the following LUUF Lay Ministers:***

Linda Hunter huntel@comcast.net / Jim Hollahanjim.hollahan@gmail.com /
Ginny Finnel amanuensis_vlf@ayoo.com

Love is the doctrine of this congregation, the quest for truth is our sacrament, and service is our prayer. To dwell together in peace, to seek knowledge in freedom, and to share our strength in fellowship, thus do we covenant.

As Members and Friends of the Lakeshore Unitarian Universalist Fellowship, we affirm this covenant and promote the Seven Principles of the Unitarian Universalist Association.

As an expression of these commitments:

We show love and respect by

- Creating a community where all are welcome
- Celebrating individuality and ensuring that everyone's voice is heard
- Addressing issues with one another directly, assuming good intentions
- Accepting responsibility for what we say and do
- Supporting our Fellowship with our time, talent, and treasure
- Supporting each other's spiritual journey

We use the democratic process in our congregation by

- Hearing and valuing the opinions of all
- Ensuring transparency in our decision making
- Developing consensus when possible and appropriate
- Resolving differences respectfully, using our fellowship's mediation process when necessary

We work for social justice by

- Striving to become a more diverse and inclusive community
- Educating ourselves and collaborating with others on issues of social justice
- Working to change cultures of injustice.
- Protecting and preserving our planet

We welcome into our Fellowship those who may differ in beliefs but are in general agreement with our commitment.

Join us as we march in Manitowoc's Memorial Day Parade

This has become an annual LUUF tradition, where we remember and honor fallen soldiers. Join us once again to walk in the Memorial Day Parade. For those who are unable to walk the 2 mile parade route, there will be one or two vehicles available for 4-6 people. Let Kathy Bernhart know if you want to participate and can't walk the route. This is always a fun event every year.

A March into summer

LUUF continues to support our 5 outreach community organizations.

- **Hope House (Homeless Shelter)**
- **InCourage (Domestic Violence Center)**
- **The Haven (Mens shelter)**
- **TREP (Two Rivers Economical Pantry)**
- **Painting Pathways (Clubhouse International)**
- **LUV—Lakeshore United Visionaries**

We can't do that without your help! Thank you for your support

Hope House Volunteer weeks for 2023—Mark your calendar.

If you'd like to volunteer, training is provided, ask Kim Everett or contact Nancy Slattery at: slatterynancy927@gmail.com

June 4-10
July 23-30
Sept 10—Sept 16
Oct 29—Nov 4
Dec 17—Dec 23

Hope House Needs

- Pull ups size 4T-5T
- Diapers Size 5
- Toddler socks
- Fitted crib/toddler bed sheets
- Bath Towels (new or gently used)
- WalMart Gift Cards
- Kwik Trip Gas Cards

Drop off at Hope House or to Kim Everett

UUMFE continues their Monthly Spiritual Gatherings so that we may all find time to ground, recenter, and imagine what is possible in a world in need of repair.

This year they draw us more closely into alignment with Earth-based philosophies, **we will follow the Lunar Calendar**. We will gather each month, via Zoom, on the Full Moon (or close to it) to nourish our spirit.

To register for the May event, visit

https://www.uumfe.org/2023/04/10/full-moon-monthly-spiritual-gatherings/

UN—International Biodiversity Day
May 22, 2023

Biological diversity is often understood in terms of the wide variety of plants, animals and microorganisms, but it also includes genetic differences within each species — for example, between varieties of crops and breeds of livestock — and the variety of ecosystems (lakes, forest, deserts, agricultural landscapes) that host multiple kind of interactions among their members (humans, plants, animals).

Biological diversity resources are the pillars upon which we build civilizations. Fish provide 20 per cent of animal protein to about 3 billion people. Over 80 per cent of the human diet is provided by plants. As many as 80 per cent of people living in rural areas in developing countries rely on traditional plant-based medicines for basic healthcare.

But loss of biodiversity threatens all, including our health. It has been proven that biodiversity loss could expand zoonoses - diseases transmitted from animals to humans- while, on the other hand, if we keep biodiversity intact, it offers excellent tools to fight against pandemics like those caused by coronaviruses.

While there is a growing recognition that biological diversity is a global asset of tremendous value to future generations, the number of species is being significantly reduced by certain human activities. Given the importance of public education and awareness about this issue, the UN decided to celebrate the International Day for Biological Diversity annually.

It's summer at Lakeshore Unitarian Universalist Fellowship and you all know what that means.

It means members and friends, friends of friends bring their voice and their passions, their hobbies and their readings, poems, or art to summer service presentations. If you have something to share, we're all ears, we want to hear from you. Consider presenting to a casual crowd of interested folks, who want to hear what you have to say. Schedule is filling up and it's looking mighty fine. Contact:

Contact Kathie Fishbeck

BUY FRESH | BUY LOCAL
DOWNTOWN MANITOWOC
FARMERS MARKET

Manitowoc Farmers Market opens Saturday, May 1st.

Due to construction on 6th and Quay

Temporary Location—City Hall parking lot

900 Quay Street

8:00—1:00

SAVE THE DATE
Marion & Joel Marquardts
POOL
Party
POT LUCK
July 30th—1:00pm
Marion will make sloppy Joe's,
Bring a dish to pass.
Lawn chair's
Swimming Optional (awesome pool)
321 Roosevelt, Valders
RSVP: kayemarquardt@gmail.com

Help us raise money to provide shelter and supportive services to females, couples, and families experiencing homelessness in Manitowoc County.

Event Ticket Includes: Access to all games, 2 drink tickets, light snacks from the Charcuterie Board Showdown (additional food & drinks will be available for purchase), and 2 free raffle tickets for a chance to win the Raffle Basket Prizes!

Games Provided by Stockpile Games, Manitowoc: Azul, Ticket to Ride, Catan, Exploding Kittens, Splendor, Pandemic, 7 Wonders, Concept, Mille Bornes, Werewolf, and Codenames!

Additional Games: Jackbox Games, Giant Jenga, Uno, Dice, Cribbage, etc. Please bring your own games too!

- **Register online**
- **Cost $25 per ticket**
- **$30 at the Door**
- **This event is for anyone 21 years or older**
- **Sabatical Brewing Company— 835 S 29th St, Manitowoc,**

Charcuterie Board Showdown

As a part of our Game Night fundraiser, we are having a showdown! Local restaurants will be creating unique charcuterie boards. Our judges will pick a winner based on presentation and all the boards will be shared as snacks for our guests at the event.

For tickets Visit Hope House Event page on their website at:

https://www.hopehousemc.org/game-night

Are you looking for a way to get involved and make a difference in our community? L.U.V. (Lakeshore United Visionaries) on of LUUF's outreach organizations is seeking passionate, dedicated people to join their board and active membership! Let's invest in our 8th Principle and support this community organization that brings our diverse community together and makes us stronger.

Email lakeshoresunitedvisionaries@gmail.com for more information!

Painting Pathways Clubhouse
A Mental Health Resource

PAINTING PATHWAYS' ANNUAL BRAT FRY AND PLANT SALE

Thursday, May 25th- 11am to 5pm

1226 Washington St.

920-652-9952

Brats and Burgers, Chips and Soda
(Pre-orders welcome)

Hand Crafted Garden Art by the PPC Crew
Huge variety of Plants and Vegetables!

All items by Donation
(all proceeds will benefit Painting Pathways Clubhouse)

We'd like to ***Thank*** *our generous Sponsors for their continued support:*

CHER-MAKE Authentic Sausage Since 1928

A&W

pepsi

THRIVENT FINANCIAL

PINE RIVER DAIRY ESTABLISHED 1941

A huge *thank you* to Mary Ann Knier, and <u>all</u> of the dedicated plant donors from our community.

MANITOWOC'S
~Garden Faire~
EXTRAORDINAIRE
Saturday June 10th, 9-3pm
Washington Park, Manitowoc
FLOWERS ~ HERBS ~ HANGING BASKETS ~ VEGGIE STARTS
PROCEEDS FROM THIS EVENT WILL BENEFIT
FRIENDS OF MARINER'S TRAIL
GARDEN ART ~ ARTISAN CRAFTS ~ LOCAL FOODS ~ RAFFLES
Brat Fry & Bake Sale
by "The Haven"
A Manitowoc County
Men's Homeless Shelter
~ Again This Year ~
Off Site Parking With Shuttle Transport
Email: starkministries@gmail.com
Find us on Facebook
2023
MANITOWOC'S
GARDEN FAIRE
EXTRAORDINAIRE
1115 Washington Street
INFO~ 920.663.2786

From our friends at First Presbyterian

The Manitowoc Warming Shelter at First Presbyterian is open and always in need of volunteers.

SIGN UP ON LINE AT: WWW.manitowocwarmingshelter.org/

First Presbyterian also continues with their weekly community meal

Some LUUF members enjoy volunteering at these weekly meals. If you're interested in assisting First Presbyterian Contact Pastor Matt Sauer for question about volunteering and warming shelter or community meals.

matt@mcmunited.com 920.860.6880 (cell/text)

SAVE THE DATE
Break the Cycle
FRIDAY, MAY 19 5:30-8:30 PM @ THE VENUE
CASA of East Central Wisconsin invites you to Break the Cycle, an event to raise awareness and funding to provide advocacy for children who have experiencd abuse or neglect in our community.
FEATURING: GOODCAPP ARTS
"WHERE DO WE GO FROM HERE?"
This one-act play, written by Katie Cappiello and directed by Katie Cappiello and Charlotte Arnoux, explores the questions at the center of teenage life: What's next? Where do I go from here? Who am I? Who will I be? For foster youth, the journey towards answers is often far more complicated.
GoodCapp Arts is a NYC award winning arts program founded by Katie Cappiello that focuses on technique training and the development of theater projects addressing the challenges facing young people worldwide.
CASA
Court Appointed Special Advocates
FOR CHILDREN
CASA OF EAST CENTRAL WISCONSIN

Franciscan Music Center Concert Series for April/ May

There has been much interest in these affordable concerts at the Franciscan Music Center, therefore will include in the monthly LUUF newsletter what is on the schedule.

Program support for this artist series is donated by: The Franciscan Sisters of Christian Charity and the

Concert Series featuring the Varshavski-Shapiro Piano Duo

$20.00

Sunday, April 16 — 2pm

Adult general admission $20
Youth general admission $15
Senior general admission $13

"A piano duo that can charm even the most versed music lovers" (Gazeta Krakowska, Poland), the Varshavski-Shapiro Piano Duo is comprised of pianists Stanislava Varshavski and Diana Shapiro, who began playing together in 1998. Since then, they have gone on to capture the top prizes at numerous competitions, including the most prestigious competition for piano duos – the Murray Dranoff International Piano Competition in Miami. A winner of the Astral Artists' 2012 National Auditions, the Varshavski-Shapiro Piano Duo also won first prizes at the Italy's XV Piano Competition "Rome 2004," the Jerusalem's Kol HaMusica Young Artists Competition,

Concert Series featuring 'Art Song, Opera, Music Theater; guest artists from UW Madison: Paul Rowe (Baritone), Martha Fischer (Piano) and Julia Rottmayer (Soprano).

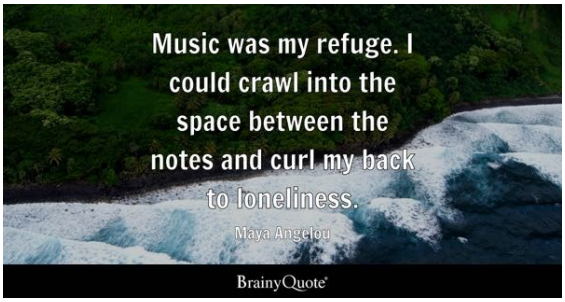
$20.00

Sunday, May 7—2pm

Martha Fischer is professor of piano at the University of Wisconsin-Madison School of Music, where she heads the collaborative piano program.

Baritone Paul Rowe has maintained a wide ranging performing career throughout the United States for the past 20 years. He has performed with many of the leading American musical organizations including the Boston Symphony and other orchestras and symphonies throughout the US.

Soprano **Julia Rottmayer,** is active in the stage, concert, and teaching arenas. Along with her interpretation of standard repertoire, Dr. Rottmayer is an avid performer and champion of contemporary and early music rkansas symphony orchestras, the Folger Consort, and the Ensemble for Early Music, among many



Lakeshore Unitarian Universalist Fellowship
620 Park Street
Manitowoc, Wisconsin 54220

LAKE SHORE UNITARIAN UNIVERSALIST MISSION

As a welcoming and accepting, diverse and inquiring spiritual fellowship,
We unite to create a community which stimulates a free exchange and
Exploration of ideas, foster spiritual and intellectual growth, and
serves as a base for active outreach to benefit the world around us.

AS UNITARIAN UNIVERSALISTS, WE AFFIRM AND PROMOTE THESE PRINCIPLES

The inherent worth and dignity of every person
Justice, equality and compassion in human relationships
Acceptance of one another and encouragement to spiritual growth in our congregations
A free and responsible search for truth and meaning
The right of conscience and the use of the democratic process
The goal of world community with peace, liberty and justice for all
Respect for the interdependent web of all existence of which we are a part

SIDE WITH
LOVE